



The Rough Draft

Volume XLVII, Issue 03 – March 2017

The Prez Sez...

Greetings to fellow Fresno Cycling Club members and fellow bicycling enthusiasts.

I hope your ride year is getting off to a great start. Yes, we are all thankful for the rain this year, but it may be cutting into your cycling time. However, it sure is making for some beautiful green hillsides to enjoy on our rides. Have you been enjoying the offerings on our ride calendar? It has been full of some great rides so far.

Now that March is here and the days start getting longer, look for more ride offerings to be available, especially the mid-week evening rides. The Chili Ride will be back after daylight savings time as well as the Tues/Thursday night rides to the Roadhouse. Our goal is to fill our monthly calendar with as many rides as possible. It's getting there, but we still have work to do. It will occur as we see more ride leaders offer to lead rides. I don't foresee a time when it would be possible for all our 700+ members to go on a ride together. Although it would be fun, I just can't see everyone being able to do it. What is more practical is having many smaller group ride options for our members. It is easier for ride leaders to handle groups of 15 to 20 riders at a time. I like to see co-rider leaders doing our rides; it is helpful to have two people keeping track of riders and if one leader can't make the ride then there is still someone to lead it.



RIDE GUIDELINES

Most people know this, but it's worth mentioning for new riders: it is important to ride with a group that closely matches your riding ability and style. The purpose of the Ride Guidelines is to help members determine if the ride is one they are capable of doing. When determining what group to ride with, look for the **location** of the ride (is it somewhere you want to ride, is it somewhere you're able to ride?); look for the **distance** (can you ride the distance?); look at the **pace** or **average speed** of the ride (you might be able to reach 20 mph once in a while on a good sprint, but can you maintain that speed for several miles at a time?); and what is the **style** of ride (is it social pace or is it training pace?). These are all things to consider when looking on the calendar for a ride to do. It is important for the Club to offer as many rides in each category as we possibly can, so that members can get out and ride their bikes whenever they are able. I am looking forward to the point where our members have a choice of several rides each day on the weekend and during the week.

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General Meeting
 7:00 PM
Wednesday, March 8th
 Wilson's Bicycles
 284 W Shaw, Clovis

BREVET SERIES

It is exciting to see how Lori Cherry's hard work in putting on the FCC Brevet series (now in its third year), is getting more popular with our local riders as well as riders from out of town. This past weekend's Raymond 200K brevet had over 50 riders, most of whom were able to complete the whole ride (which for me was 126 miles). It was a great ride with a great group of riders. The ride started out with sub-freezing temperatures, but overall turned out to be a beautiful day for a bike ride. We had riders from as far away as Sacramento to the north, and Visalia to the south. The next Brevet is the Balch Camp 200K on March 11, 2017. It is an extended version of the Kirch Flat Century; it should be a beautiful ride.

WHY ALL CYCLISTS SHOULD JOIN THE CLUB

I have always wondered (as the President of the Club), why all bicyclists don't join the Fresno Cycling Club. After all, we all share a passion for bicycle riding. We all want to promote safety for bicyclists. I thought surely it can't be the annual fees; most people spend more on coffee in a week. Maybe it's too big of a hassle to pay dues every year. We know that not very many people like going to meetings any more, that is evident by the low attendance at the monthly Club meetings. Do people just not realize how important their voice is when it comes to promoting bicycle safety, and that we carry much more power as a group of 10,000 bicyclists than a group of 1 or 2, or 100. Why wouldn't they want to be a member to support and advocate for safe bicycling? Well, I had a recent conversation with a bicyclist that helped shed some light on why some bike riders don't want to join the club. I asked a rider one day why he wasn't a club member, and his answer was: "I don't want to have to follow the rules." He also said he prefers to ride alone. I had to chuckle but then said what happens if no one follows the rules? You would have total chaos. I told him that unfortunately all bicycle riders are advocates: they are either positive or negative. By violating the rules of the road; bike riders present a negative view of bicyclists to motorists. This

happens whether you're a club member or not. The only thing different is that if you're wearing a Club jersey, the motorist can have someone to blame if you violate a law. Your behavior on the bike is either advocating for the safety of all bicyclists or advocating against it. To motorists, anybody on a bicycle is a bicyclist, whether riding a yard sale bike or a high dollar racing bike, you're just a bicyclist to them. All they see is a bicycle rider breaking the law and getting in their way. As Club Members, our mission is to promote safe and legal bicycling. The only way we can gain the respect of motorists is to show respect for the "Rules of the Road." Be courteous and try to always be aware of your surroundings when in traffic. I always encourage riders to utilize a rearview mirror as it helps you keep an eye on traffic behind you while riding. We have to remember that we will not win when it comes to encounters with vehicles.

THE NEW FCC WEBSITE

As I mentioned in last month's *Prez Sez*, our website is functioning so much better now. It is worth looking at on a daily basis to check for calendar updates and ride related information. William Ewy has done a fantastic job revamping the website. Now that the content is relevant and up to date, we would be interested to find someone who could work on the "look" of it. William admits he is not a website designer, he is the content administrator, so it would be great if one of our members or someone you know could help with that aspect of the website. Also if anyone has suggestions for additional content or ways to improve what we have, we are open to suggestions. Just contact myself or the webmaster William Ewy.

FCC/TC3 TIME TRIAL SERIES

I want to mention that the Annual Time Trial Series will be kicking off on March 22, 2017. There will be a total of 7 events that are planned to run from the spring to fall, weather permitting. As in the recent past the TC3 Triathlon Club will be co-hosting the events that are free for members of either club. It is

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\$5 per event for non-members. It is a great opportunity to test your level of training and ride ability, racing against the clock for 10 miles. This year we have obtained an application that will handle our registration and timing of the events. Information will be available on the website, the *Rough Draft*, as well as on Facebook.

PIPELINE CONSTRUCTION UPDATES

We will be keeping you updated via email and on the website regarding the Belmont Water pipeline construction as it continues to progress from Armstrong and Belmont to Trimmer Springs Road. It will have an impact on the route choices for many rides normally conducted in that direction.

KIRCH FLAT CENTURY

Registration for the Kirch Flat Century is open. Mike Quiroz and Yvonne Moreno promise a great ride. The ride will start from the same location as last year. As usual there will be great rest stops sponsored by local Bike shops, Steven's (Wildcat); Sunnyside (Maxion Road); Rubber Soul (Cell Hill) and Clovis Bike Shop (Winton Park). There will also be a great after-ride meal. To register go to Eventbrite.com.

That's it for now, see you all on the road,
The Prez
Aka Dennis Ball



A group of the riders enjoying a break in the rain, a 42 mile ride on the Blossom Trail 2/26/17

General Club Meeting

On Wednesday, February 8, 2017, the FCC General Membership Meeting was held at Rubber Soul Bicycles in Fresno. President Dennis Ball started the meeting by updating those present about the latest happenings with the Club, as well as the upcoming rides.

Pablo Armigo of Rubber Soul talked to the group about the benefits of *proper bike fit*, and the dangers of not having proper "fitment." As usual, Pablo put on a great presentation, and those in attendance picked up some good advice.



Thanks to all the local bike shops in our area, for going "above and beyond" for the FCC, and the entire cycling community. For more info on the shops, see the last page of the Rough Draft, or the FCC website.

FC/TC3 Series Schedule

The time has come to announce the 2017 FCC/TC3 Time Trial Series! There are 7 events scheduled, and the best 5 will count towards a Series Championship in each category (Men/Women/Tandem). Events are free for current FCC/TC3 members, non-member fee will be \$5 per event.

Riders of all levels are encouraged to attend. By participating in several events, you can monitor your improvement as the season progresses.

DAY, LOCATION:

- Wednesday, Mar 22: Belmont
- Wednesday, Apr 19: Belmont
- Wednesday, May 17: Belmont
- Wednesday, Jun 14: Belmont
- Saturday, Jul 22: Location TBD
- Saturday, Aug 12: Location TBD
- Wednesday, Sept 20: Belmont

For Wednesday Events: Registration/check-in between 5:20-5:50 pm, first rider off at 6:00 pm.

For Saturday Events: Registration/check-in between 6:50-7:20 am, first rider off at 7:30 am.

** Dates, times, locations and prizes are subject to change. Please check the FCC website for updates and latest information.



This shot seems to summarize bike riding in Central California in February. However, the brave were rewarded with some of the best greenery we've seen in years.

iCan Bike Camp

FCC member Ranay Franklin is looking for volunteers for the upcoming iCan Bike Camp.

"Our camp teaches kids with disabilities to learn to ride a 2-wheeled bicycle, and we need YOUR help! This year's camp will be held at *Sanger High School during Spring Break (Monday through Friday, April 10 - 14)*. Just 90 minutes each day for 5 days is all it takes! This is one of the best volunteer experiences you will ever have, and I guarantee you will get far more out of this experience than you give. No experience necessary; we'll train you during an orientation meeting on April 9. You'll also receive an AWESOME iCan Bike t-shirt and smiles to last you all year!"

Please visit the website for more information and to register: <https://www.icanbikefresnoclovis.info/> If you have questions, send an email to: bikevolunteers@gmail.com

Raymond Brevet 200K



The Start of the Raymond Brevet. Does it look like it's 28 degrees??

There are several rides still to come in the Brevet series this year. Try your hand (and legs) at this event. For more info on the Brevet series, check out the FCC Website, or contact Lori at brevets@fresnocycling.com.

Recharge Fresno Updates

(Recharge Fresno is the City's program to improve its pipelines and water system facilities. This construction may impact certain major cycling routes)

Construction of the **Friant-Kern Canal Pipeline** is expected to be complete in October 2017. Work is scheduled during daytime hours from Monday through Saturday. The City of Fresno understands the inconveniences caused by construction and will work with residents, businesses and schools to minimize disruptions. Potential impacts include:

- Temporary traffic delays
- Noise generated by construction equipment
- Varying construction traffic, including construction crew vehicles, heavy machinery and equipment, and trucks hauling pipe and materials

Construction crews recently completed work in the Friant-Kern Canal, allowing agencies to release water in the canal.

Construction of the Friant-Kern Canal Pipeline is more than 50 percent complete. Work has been significantly impacted and postponed due to wet-weather conditions. Future planned work is scheduled, weather permitting.

Crews have worked more than 39,000 hours on the project and continue to work from Willow Avenue to the Friant-Kern Canal.

The contractor continues working to mitigate wet-weather conditions along the temporary road between Auberry Road and Big Dry Creek. Activities include storm water control and placement of gravel on the temporary road to improve the driving surface.

Upcoming anticipated work includes:

- Fence maintenance
- Installation of pipe bracings
- Work on air valves and blow offs
- Removal of pipe joints affected by flash flood

- Work on meter vault walls of flow meter vault near Friant-Kern Canal

Construction of the **Southeast Surface Water Treatment Facility**, the “backbone” of Recharge Fresno, is making good progress. The construction team has reviewed technical submittals and placed orders for several thousand pieces of manufactured equipment and other construction materials. Onsite, nearly 17,000 cubic yards of concrete has been poured; enough to cover a football field ten-feet deep. Several miles of underground utility pipes and electrical conduit have been placed. The block security wall around the site perimeter is complete, and construction of curbs and gutters is complete on the north side of the site and will soon be complete on the south side. The construction team has recorded more than 150,000 hours of labor without “lost-time” accidents.

The **Kings River Pipeline** will be a new 13 mile long, 72-inch diameter, raw water pipeline to convey surface (river) water from the Kings River to a new Southeast Surface Water Treatment Facility (SESWTF), which is also being constructed as part of the City of Fresno Water Division's current capital program. The pipeline will serve as the primary and protected source of raw water for the SESWTF, enabling high source water quality, reliability and flexibility in operating the treatment facility. Implementation of this and other ongoing major projects will reduce reliance on groundwater and alleviate groundwater depletion.

Upcoming work is scheduled on Belmont Avenue between DeWolf and Fancher avenues. Traffic barricades indicate the “soft road closure” where local traffic may pass through to access homes and businesses. A moving “hard road closure” is continuing east on Belmont Avenue between DeWolf and Fancher avenues.

Work will be done in two segments across the Belmont Country Club driveway (tentatively scheduled around Feb. 23), and access will be

maintained. Traffic must come in from the east until the driveway is crossed. After the driveway is crossed, traffic must come in from the west.

Belmont Nursery, Black Crowe Vineyards and Belmont Country Club are open during construction, and customers should follow posted detour routes.

Work is happening on the northern shoulder of Belmont Avenue, from west of the Temperance Avenue intersection to just east of Subway. This work is for a 16-inch water main and is expected to take about two weeks to construct. Crews for that project will maintain traffic through the intersection with flaggers

For more information on any aspect of the Recharge Fresno projects, please see www.rechargefresno.org.



February 22nd brought a relief from the rain, and provided a chance for a ride out to Humphrey Station for the Velominati!

CenCalVia 2017

On Sunday October 2nd, 2016, over a 1,000 Fresno residents participated in the very first CenCalVia Open Streets event hosted by the Fresno County Bicycle Coalition (FCBC). A one-mile stretch of Ventura Avenue, between First and Cedar Avenues was closed to traffic from 11:00 a.m. to 3:00 p.m. Local organizations and businesses offered services such as bike maintenance, yoga, face painting, Zumba, live music and other fun family activities. Cyclovia Open Streets movement started in Bogota Colombia over 40 years ago and has spread throughout the world, including over 100 cities in the U.S. This includes, CicLAvia in Los Angeles, Sunday Streets in San Francisco, CalleSJ in San Jose, and now CenCalVia in Fresno!

The Fresno Cycling Club supported this event, and numerous FCC members attended. Free helmets, bike lights and reflective safety items donated by the Bicycle Pedestrian Advisory Committee were also distributed and 4 bikes were given away. The event brought people from all walks of life together in Southeast Fresno, and offered opportunities for positive interaction for residents that may have never shopped on Ventura.

CenCalVia Open Streets looks forward to continued support from the bicycling community at this year's event which is scheduled to take place on Sunday October 1, 2017. Mark your calendars!

Fresno Cycling Club Website

Over the last few months, a lot of work has gone on behind the scenes to update the FCC website.

What began with some frustration in accessing current ride information from the FCC website in the Fall has turned into a project for William Ewy, our new Director of Technology.

William spent time in November and December investigating several options for re-doing the entire website, but ended up using an updated version of Joomla, the current content management system. Prior to his untimely death in mid-2016, Dave Hubbell had been working on this same option to improve the website.

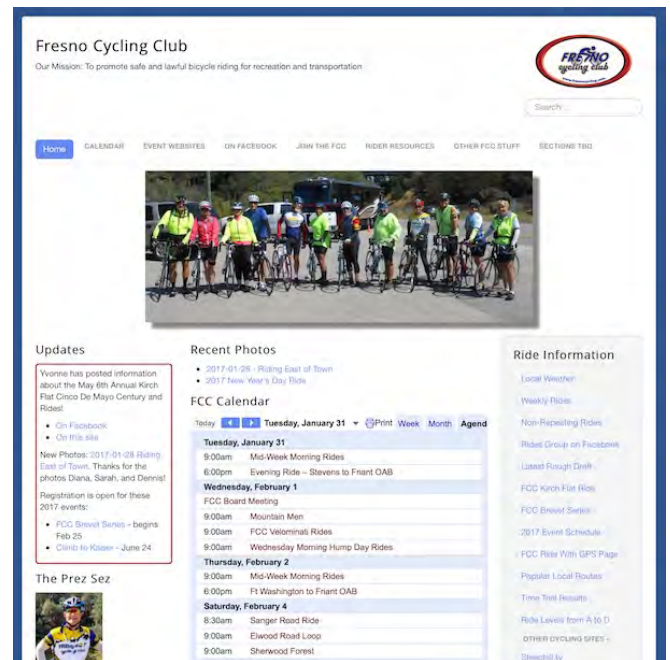
At this point, we have an *improved*, *“live”* ride calendar available on the website.

It is *improved* in that:

- ride coordinators will “post” the ride once, and that same data will be in the newsletter and on the website.
- ride calendar will often contain *Map My Ride* links, which will allow members to download a map and route directions for the ride.

It is *“live”* in that:

- the ride calendar on the main page of the website shows the next rides coming up.
- when the ride coordinators make any changes (e.g., weather cancellation), that update will appear on the website calendar.
- Club members who use Google calendar can link the FCC calendar with their own, thereby having all the rides on their own calendar.



Check out the Fresno Cycling Club website:

www.fresnocycling.com

Let us know what you think of the changes, as well as what other changes you’d like to see in the future. The purpose of the site is to give you the information you want and need!

2017 Event Schedule

To help in planning your training schedule for the new year, here's the current listing of upcoming cycling events. Be sure to check the website to confirm dates/times!

Date	Event	FCC Sponsored
3/4/2017	Blossom Trail Ride	
3/11/2017	Balch Camp 200K Brevet	
3/11/2017	Solvang Century	
3/18/2017	Solvang Double	
4/1/2017	Bass Lake 300K Brevet	✓
4/1/2017	California Classic Century	
4/8/2017	SLOBC Wildflower Century	
4/15/2017	Mountain House 200K Brevet	✓
4/20/2017	Sea Otter Classic	
4/23/2017	Primavera Century	
4/30/2017	Chico Wildflower Century	
5/6/2017	Kirch Flat Century	✓
5/7/2017	Napa Valley Tour de Cure	
5/20/2017	Davis Double	
5/26/2017	Great Western Bicycle Rally	
05/??/2017	Hungry Buzzard Century	
6/3/2017	Clovis to Kings Canyon 200K Brevet	✓
6/4/2017	Kings Canyon to Clovis 200K Brevet	✓
6/24/2017	Climb to Kaiser	✓
7/29/2017	Tour de Lakes	✓
8/19/2017	FCC Coastal Lighthouse Training Ride	✓
9/9/2017	FCC Annual Picnic	✓
9/4/2017	Tandem / Recumbent Ride	✓
9/16/2017	Tour de Fresno	
9/23/2017	SLOBC Lighthouse Century	
10/14/2017	Bass Lake Double Century	✓
10/14/2017	Sacramento Century	
10/28/2017	Fall Color Yosemite Ride	✓
11/11/2017	FCC Sacramento River Ride	✓
12/2/2017	FCC San Luis Obispo Vineyards to the Sea	✓
12/9/2017	FCC Christmas Party	✓

Weekly Ride Calendar

PLEASE CHECK THE WEBSITE, as start times may change with Daylight Savings Time

Day/Start Time	Event Name	Event Description
Mondays at 9 AM	Mountain Men	Ride Leader: Tom Braner - 284-2777 The Mountain Men: Starting point varies between Copper/Willow and the Park and Ride lot at Hwy 168 and Temperance (next to the fire station) for C paced rides of 60 to 80 miles. The routes are loops into the foothills with occasional regrouping and at least one stop for refreshments. Mountain women are welcome too. Call or check email notice to verify time and starting point. Email tcbraner@comcast.net to join the Mountain Men email list.
Mondays at 9 AM 3/6 & 3/20 only	Sky Harbor via Millerton Store	C/4/40-70 Ride leaders: Diana Dean - 283-2709, Larry Allred Sky Harbor via Millerton store. With either a Sky Harbor repeat or a ride up to Prather. Roll from Steven's Clovis at 9am. Regrouping at the Millerton store.
Tuesdays at 9 AM	Mid-Week Morning Rides	B/1-2/30 - Social Ride Leader: Ken Herrington - 299-2275 Meet Ken at Armstrong and Herndon and ride out to the west or north. Usual destinations include Friant, Millerton Store, Dragon Fly Golf Course, Madera Ranchos, or Le Parisian. Bring money for snacks along the way or to eat lunch at Cravings on our return. Roll out at 9:00 am.
Tuesdays at 5:00 PM 3/14, 3/21, 3/28 only	Sanger Chili Ride	C/2/31 - Social Ride Leader: Vanessa McCracken Celebrate the time change and join Vanessa for the beautiful Chili Ride! Meets at the Chuck Wagon at Academy and Annadale in Sanger at 4:45 and rolls out at 5:00 sharp! Regroup at Tivy Market. Bring your fully charged headlight and taillight!
Tuesdays at 6 PM	Evening Ride – Stevens to Friant OAB	CD/1/20 Training Ride Leader: William Ewy Evening Ride – Stevens to Friant OAB: 6 p.m. roll out from Steven's Bicycles at Willow and Nees. Charged lights are a must. Pace is brisk, 18-20+ mph. Slower riders are welcome to join, but bring a compatible riding companion. Regroup at the Friant Shell Station. C/D level, 20 miles, training pace. Ride route and start time may change after Daylight Savings begins (March 12). Route map - https://ridewithgps.com/routes/17886327
Wednesdays at 9 AM	Mountain Men	Ride Leader: Tom Braner - 284-2777 The Mountain Men: Starting point varies between Copper/Willow and the Park and Ride lot at Hwy 168 and Temperance (next to the fire station) for C paced rides of 60 to 80 miles. The routes are loops into the foothills with occasional regrouping and at least one stop for refreshments. Mountain women are welcome too. Call or check email notice to verify time and starting point. Email tcbraner@comcast.net to join the Mountain Men email list.
Wednesdays at 9 AM	Wednesday Morning Hump Day Ride	BC/1-3/25 - Social Ride Leader: Tina Kutzbach - 797-0148 Starts at Steven's Bicycles parking lot at Willow and Nees. We alternate routes between the Shell Station in Friant and Millerton Store. Speeds start at 13 mph and up. There is always a fast and a slower group. No-drop ride.
Thursdays at 9 AM	Mid-Week Morning Rides	B/1-2/30 - Social Ride Leader: Ken Herrington - 299-2275 Meet Ken at Armstrong and Herndon and pedal out to the east or south. Usual route includes the Sanger area or out to Fowler occasionally. Bring money for snack stops along the way or to eat lunch at Cravings on our return. Roll out at 9:00 am.
Thursdays at 6 PM	Ft Washington to Friant OAB	CD/1/20 Training Ride Leader: William Ewy - 393-1641 Evening Ride – Ft Washington to Friant OAB: 6 pm roll out from Ft Washington Parking Lot (near Stratford and Ft Washington). Charged lights are a must. Pace is brisk, 18-20+ mph. Slower riders are welcome to join, but bring a compatible riding companion. Regroup at the Friant Shell Station. C/D level, 20 miles, training pace. Ride route and start time may change after Daylight Savings begins (March 12). Route map - https://ridewithgps.com/routes/17887063

Non-Repeating Ride Calendar

Day and Start Time	Event Name	Event Description
7:30 AM Sat Mar 4	Reedley Blossom Trail Ride	Pay-to-Ride Event. The Reedley Lions Club sponsors this annual bike ride each spring that travels over the Blossom Trail Route. There are three ride options: a 63-mile that begins at 7:30 and travels through Wonder Valley up to Squaw Valley; a 40-mile route that begins at 8:30, heading out to Winton Park in Piedra and meanders through the beautiful blossoming orchards north of Reedley; and a shorter 20 mile family fun route. There is a catered lunch that begins serving at 12:00 noon.
7:00 AM Sun Mar 5	Lower C2K Loop	CD/5/85, Training. 6,000+ feet of climbing including Old Tollhouse Ride Leader: William Ewy - 559-393-1641 This ride covers the lower half of the Climb to Kaiser route and is intended for riders preparing for the June 24 C2K, but other experienced riders are welcome. This is probably not a good ride as a first time up OTH. We leave Buchanan High School at 8 am. We will stop at Shaw/Academy, Old Tollhouse Market, and Auberry or Prather for drinks and food as needed. The ride will be cancelled or modified at the ride leader's discretion if roads are wet or if too cold at the top of OTH. Expected pace is brisk, with stops kept fairly short. We expect to finish in approximately 6.5 hours. Approximate route map: https://ridewithgps.com/routes/13280618
9:00 AM Sun Mar 5	Starbucks Ride	B/1/30 - Social Ride Leader: Vanessa McCracken - 930-5456 Loop through Fowler and Sanger with a stop for coffee! Heavy rain or fog cancels.
9:00 AM Sun Mar 5	Lost Lake	B/2/30 - Social Ride Leader: Don Green - 307-4284 Meet Don at Armstrong and Herndon in northeast Clovis for another trip out to the Trout Farm in Friant and on to Lost Lake. The water level of the San Joaquin River is high so we might have to adjust our course. Bring snacks to enjoy by the river before we head back to the start.
9:00 AM Sun Mar 5	All Roads Ride - 22 Mile House	All Roads Ride 22 Mile House C/3/20-30 mixed surface dirt/paved Ride leaders: Henry Pretzer 706-2958, Susan Smith 240-3717 Start at 22 Mile House Hwy 41/Rd 208 at 9am. Ride up Rd 406 to Hwy 41, back down and out to Rd 400 with a couple of dirt loops thrown in. Slightly more than half of the miles are off pavement. Heavy rain cancels. https://ridewithgps.com/routes/19236218
6:00 AM Sat Mar 11	Brevet 2 - Balch Camp 200K	Event Registration: https://balchcamp200km.eventbrite.com/ Route Map: https://ridewithgps.com/routes/12637916
8:30 AM Sat Mar 11	Sanger Road Ride	BC/1/39 - Social Ride Leader: Vanessa McCracken - 930-5456 Meet Vanessa at Sunnyside Bicycles and ride around the gorgeous (green!) Sanger countryside! Heavy rain or dense fog cancels.

Day and Start Time	Event Name	Event Description
9:00 AM Sat Mar 11	The Circuit	BC/3/35 - Social Ride Leader: Bill Titus - 294-8692 Meet Bill at Armstrong and Herndon for a ride around the Circuit. Ride up to Millerton Store for a short break, then across the plateau by Table Mountain, and down to Friant for another break at the Shell Station. Return back to the start up Friant Road.
11:00 AM Sat Mar 11	Clovis to Woodward Park	AB/1/18 - Social Ride Leaders: Mark & Michele Locatelli - 930-0945 The M&Ms will meet their riders at Fowler and Ashlan Avenues at the Starbucks. Ride across town to Woodward Park. Return by the food trucks at Willow and Shepherd for a short lunch stop.
9:00 AM Sun Mar 12	Sanger Chili Ride Relaxed	B/2/30 - Social Ride Leader: Brian Bellis - 264-2645 Meet Brian at the Chuck Wagon on Academy in Sanger. Ride out through Centerville with a stop at the packing shed. Continue past Piedra to the Tivy Valley Market for a short break. Climb the hill, pass Sherwood Forest Golf Course, up Reed and then Annadale back to the start. Plan on lunch at the Chuck Wagon.
7:45 AM Sat Mar 18	Oak Knolls Ride	C/3/50 - Social Ride Leader: Vanessa McCracken Leaves Sunnyside Bicycles at 7:45. The Oak Knolls ride is mostly flat with a two-mile climb to Oak Knolls just before Pine Flat Lake. (There's a few 8% pulls on this stretch). Heavy rain or dense fog cancels.
8:30 AM Sat Mar 18	Blossom Trail Cafe Route	BC/2/35 - Social Ride Leaders: Jan Harms - 356-4828 Nick Paladino - 432-8830 Meet Jan and Nick at Shaw and Academy for the monthly ride out Belmont to Piedra. Stops at the packing shed and Tivy Valley Market. Climb the hill and circle around to the Blossom Trail Café for lunch. Jan and Nick may not stop, but Ken and Nancy will!
9:00 AM Sun Mar 19	Pine Flat Dam Ride	B/3/25 - Social Ride Leaders: Brian Bellis - 264-2645 Nancy Dooley - 875-6399 Meet Brian and Nancy at the Sherwood Forest Golf Course at Frankwood and Hwy 180. Ride over the Tivy Valley Hill to Piedra and continue beyond to the bottom of Pine Flat Dam. Explore the valley beyond before returning the same route. Brian has permission to park at the golf course as we are planning on having lunch on their patio that over looks a tranquil branch of the Kings River.
9:15 AM Sun Mar 19	Breakfast Ride	A/1/20 - Social Ride Leader: Vanessa McCracken Ride leaves from Sunnyside Bicycles at 9:15 a.m. Join us for fun, conversation and community on our monthly Breakfast Ride! Ride from Sunnyside Bicycles to the Blossom Trail Cafe and back. No Drop Ride! Heavy rain and dense fog cancels.

Day and Start Time	Event Name	Event Description
8:00 AM Sat Mar 25	Powerhouse Loop clockwise + Squaw Leap	Powerhouse Loop clockwise + Squaw Leap CD/5/86 training 6600' Ride leader: Glenn Medina 455-8767 Start at 8:00 AM from Willow & Nees Steven's Bike Shop. Powerhouse Loop clockwise + Squaw Leap. CD/5/86 Training, 6650' elev. gain. Rain cancels. https://www.strava.com/routes/7742095
9:00 AM Sat Mar 25	Three Rivers Ride	B/4/25 - Social Ride Leaders: Marshall and Kathy Taylor - 592-6761 Meet Marshall and Kathy at the gas station below the Kaweah Dam in Lemon Cove. Ride up the "dam" hill and along the ups and downs that circles Kaweah Lake. We cross over the river and cycle along the backside residences, stopping at Reimer's for ice cream before returning to the start. There is 1800 ft of climbing on this course. Plan on lunch at the tri-tip on our return or driving into Exeter for lunch at the Home Town Emporium.
9:00 AM Sun Mar 26	Sherwood Forest	B/1/30 - Social Ride Leaders: Ken Herrington - 299-2275 Nancy Dooley - 875-6399 Meet Ken and Nancy at Shaw and Academy for a flatland ride out through the river bottom to the Sherwood Forest Golf Course. Plan on an early lunch sitting on their beautiful patio by the river. Our return will take us by Wildwood and back up Belmont.

**FRESNO CYCLING CLUB
RIDE CODES**

A	Leisurely. 10-12 mph. Stops as needed. Some riding skills required. Waits for slower riders.
B	Moderate. 13-15 mph. Good riders. Social pace. Re-groups every 30-45 minutes. Waits for slower riders.
C	Brisk. 16-19 mph. Experienced riders. Social pace. Re-groups every hour. Requires pace line riding. Will wait for slower riders.
D	Fast. 20+ mph. Strong riders. Race pace. Infrequent stops. Requires pace line riding. No obligation to wait.
1	Generally flat = Woodward to Friant; Reedley (0%)
2	Easy grades with a few hills = Piedra (1-3%)
3	Rolling hills = The Circuit; Bass Lake Loop (3-5%)
4	Harder hills = Prather; Humphrey Station (5-8%)
5	Hillmania = Wildcat; Sky Harbor; Walker Grade (8-13%)
6	Unbelievable = Tollhouse Grade; Big Creek Rd. (13+%)

Rules of the Road

Ever wonder what all those numbers and letters mean on the Ride Rating column of the monthly ride calendar? Well, hopefully this is going to help you stop wondering. Read on.

Required Equipment: Helmets are mandatory! Bring basic tools for roadside repairs (i.e. patch kit, tire pump, spare tube and wrench if needed to remove your wheels.) Optional tools: spoke wrench, hex key wrench and small screwdriver. Bring money for food/snacks during the ride. Always bring water!

Choosing a Ride: Please do not attempt rides significantly beyond your ability level. Your presence may hinder other riders, and you may injure yourself trying to keep up. We encourage advancement, but don't become discouraged by "biting off more than you can chew." If in doubt, err on the conservative side. Call the ride leader for specifics on difficulty. Rain cancels rides unless specified "rain or shine."

General Information: Frequent starting places are the Compass in Woodward Park; the strip-mall at Shaw and Academy; Clovis East High School at Leonard and Ashlan, the Starbucks at Perrin and Sommersville, Enzo's Table (formerly Bella Frutta), and the Chuck Wagon at Annadale and Academy in Sanger. Be ready to start at the stated time.

Unfortunately, we sometimes make an error on the telephone numbers for club rides. Please call a club officer if you cannot reach the designated ride leader.

Starting Time: Unless otherwise noted, all rides will start at the time listed. (No grace period.)

Pace: Classifications based on an individual riding at a sustained pace on level ground. Actual speed may change depending upon terrain/weather conditions. Riding skills required are also listed.

- Training Pace - may exceed posted speeds with fewer and shorter rest stops.
- Social Pace – follows all parameters of that ride level.



Ride With GPS

This new Club Account allows all Club Members to join RWGPS with a *free* account, but have access to the *premium* benefits of the FCC Club Account!

- 1 Members will be able to view the ride calendar at RWGPS, which will contain daily rides created by FCC Ride Leaders.
- 2 Members will have access to the Club's Library of rides, and the ride event calendar.
- 3 FCC Ride Leaders will be able to post their Ride Events on the RWGPS calendar.
- 4 Members will be able to RSVP for the rides they plan to do.
- 5 Members can communicate with the Ride Leader, and Ride Leaders can communicate to riders.
- 6 Members will also be able to download the routes to their GPS systems (Garmin, etc) or use the mobile RWGPS app on their cell phones.
- 7 Members or Ride Leaders can print out the Route sheet.
- 8 Members also will have access to all other RWGPS rides.

Again this program is free for all active members of the Fresno Cycling Club. You should have received an email from Pres. Dennis with a link. If not, here's the link:

https://ridewithgps.com/clubs/492-fresno-cycling-club?join_code=deduYA05zpZNZa4h

Board Member List

President:	Dennis Ball	559-960-7127	president@fresnocycling.com
Vice President:	Mike Quiroz	559-360-1574	vp@fresnocycling.com
Secretary:	Janet Lucido	559-360-1921	secretary@fresnocycling.com
Treasurer:	Elida Gonzalez	559-355-4874	treasurer@fresnocycling.com
Newsletter Editor:	Bill Reddington	559-448-8402	editor@fresnocycling.com
Advocacy/Legislation:	Nick Paladino	559-432-8830	advocacy@fresnocycling.com
A/B Ride Coordinator:	Nancy Dooley	559-875-6399	abrides@fresnocycling.com
C/D Ride Coordinator:	Henry Pretzer	559-706-2958	cdrides@fresnocycling.com
Director at Large – Membership	Gia Parker	559-269-6122	membership@fresnocycling.com
Director at Large – Events/Volunteers:	Patricia Dailey	559-360-3760	volunteers@fresnocycling.com
Director at Large – Party Coordinator:	Diana Millhollin	559-824-7127	directordiana@fresnocycling.com
Director of Technology/Website	William Ewy	559-393-1641	webmaster@fresnocycling.com
Appointee – Honorary Historian:	Mark Perkins	707-274-7126	historian@fresnocycling.com
Ride Director – Bass Lake Double:	Angelo Quitorio	559-917-6299	doublecentury@fresnocycling.com
Ride Director – Climb to Kaiser:	Jennifer Collins	831-224-3482	kaiser@fresnocycling.com
Ride Director – Kirch Flats:	Yvonne Moreno	559-360-1574	kirchflats@fresnocycling.com
Brevet Director:	Lori Cherry	559-906-1491	brevets@fresnocycling.com
Director at Large – Radio Communications:	David Smith	559-260-5511	communications@fresnocycling.com

General Meeting
7:00 PM
Wednesday, March 8th
Wilson's Bicycles
284 W Shaw, Clovis

Board Meeting
6:30 PM
Wednesday, Mar 1st
Sequoia Brewery North
Champlain & Perrin, Fresno

BICYCLIST CODE OF CONDUCT

Safety

As a member in good standing I will:

- 1 **H**ave a bicycle in good working condition including functioning brakes.
- 2 **W**ear a helmet whenever riding.
- 3 **O**bey all applicable California Statutes including stopping at stop signs and red lights and use approved hand signals for turns, slowing and stopping.
- 4 **R**ide predictably, not erratic.
- 5 **C**all out road hazards and other dangers to other cyclists in the group.
- 6 **C**all out and pass another cyclist on the left side.
- 7 **N**ot cross or overlap wheels with another cyclist unless passing.
- 8 **N**ot ride under the influence of any substance that impairs your abilities.
- 9 **H**eed the ride leader's instructions.

Courtesy

As a member in good standing I will:

- 1 **R**ecognize that as a participant in club activities that I represent the Fresno Cycling Club to other cyclists, government officials and the general public.
- 2 **A**void confrontation with motorists, other cyclists or pedestrians even if they are in the wrong.

Good sportsmanship

As a member in good standing I will:

- 1 **R**espect other cyclists even if they are not Fresno Cycling Club members.
- 2 **R**efrain from the use of foul language, obscene gestures, physical or verbal abuse or malicious actions towards any person and/or any lewd behavior.

This code cannot comprehensively address all possible scenarios. Rather it should function as a standard of behaviors implemented along with common sense and the principle of what a reasonable person would do in a similar situation. It is the intent of the Fresno Cycling Club to promote good will and safety for all.

Developed and Approved by the Board of Directors, Fresno Cycling Club 2014



FRESNO CYCLING CLUB MEMBERSHIP APPLICATION AND MEMBERSHIP RENEWAL FORM

The Fresno Cycling Club is a group of 800 plus cyclists who enjoy bicycling as a recreation and sport. As a club, we seek to offer cycling events and activities that span a spectrum of cycling interests. Club rides are scheduled year round and range from entry level to 200 mile rides. FCC sponsors several major cycling events each year; the famous Climb to Kaiser, voted by Bicycling Magazine one of the ten toughest rides in the USA, the Bass Lake Powerhouse Double Century, and recently started offering a Brevet Series for the long distance enthusiasts and several fully supported members only rides each year. We protect the rights of cyclist by following local, state, and national affairs as they concern cycling. FCC is in the forefront of bicycle advocacy in and around the Fresno/Clovis area by promoting safe bike lanes and routes. If you like to ride, FCC has a place for you. Club members receive a monthly e-mailed newsletter listing ride schedules and other information of interest to local cyclists. We hope and encourage you to join FCC. Please fill out the information below and mail to: **Fresno Cycling Club, PO Box 27571, Fresno, CA 93729-7571**. You may also renew on-line at Eventbrite.com.

To order a club jersey, shirt or hat, contact Dennis Ball via email: president@fresnocycling.com or phone: 559-960-7127

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

Registration is: New Renewal - Please provide your member ID: _____

- | | | |
|------------------------|--|--|
| Type: | <input type="checkbox"/> Individual (\$35.00) | <input type="checkbox"/> Family (\$50.00) 2 adults and minor children |
| Newsletter Preference: | <input type="checkbox"/> E-Mail | <input type="checkbox"/> Mail a paper copy (\$20.00 additional) |
| Volunteer for: | <input type="checkbox"/> Climb to Kaiser: last Saturday in June | <input type="checkbox"/> Bass Lake Double |
| | <input type="checkbox"/> Big Hat Century: 1 st weekend in April | <input type="checkbox"/> Kirch Flats: Members Only ride, early May |
| | <input type="checkbox"/> Tour de Lakes: Members only ride, late July | <input type="checkbox"/> New Year's Day: Members only ride |
| | <input type="checkbox"/> Christmas Party: early December | <input type="checkbox"/> Ride Leader: Weekly Ride; you choose route |
| | <input type="checkbox"/> Advocacy: Participate in advocacy efforts | <input type="checkbox"/> Share E-Mail address with Fresno County Bicycle Coalition |

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND PARENTAL CONSENT AGREEMENT ("Agreement") for LEAGUE OF AMERICAN WHEELMAN D/B/A LEAGUE OF AMERICAN BICYCLISTS ("LAB") (this form is to only be used for Individual Adults or for Adults on behalf of Minors)

IN CONSIDERATION of being permitted to participate in any way in Fresno Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I may incur as a result of my participation in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, its respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. And, I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I AM 18 YEARS OF AGE OR OLDER, HAVE READ AND UNDERSTAND THE TERMS OF THIS AGREEMENT, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING THIS AGREEMENT, HAVE SIGNED IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature: _____ Date: _____



PO Box 27571
Fresno CA 93729-7571

Bicycle Shop & FCC Supporters Directory • Support Your Local Bike Shops and Restaurants

Clovis Bicycle Company &
A Different Bent
50 W Bullard Ave. #113
Clovis, CA, 93612
(559) 492-7896
T-F: 10-6, Sat: 11-5
www.adifferentbent.com

Cycle Path
1165 E Champlain Dr
Fresno, CA 93720
(559) 434-8356
W-F: 10-6, Sat. Sun: 11-5
www.cyclepathbicycles.net

Fresno Schwinn
2444 E Ashlan Ave
Fresno, CA 93726-3100
(559) 226-2453
M-F: 10-6, Sat: 10-5, Sun: 12-5
www.fresnoschwinn.com

Rubber Soul Bicycles
132 W Nees Ave
Fresno, CA 93711
(559) 435-BIKE (2453)
M-F: 10-7, Sat: 10-5, Sun: 12-5
www.rubbersoulbicycles.com

Wilson's
284 W Shaw Ave
Clovis, CA 93612
(559) 237-0215
M-Sat: 9-7, Sun: 11-5
www.wilsonsmc.com

Herb Bauer Cycling
6264 N Blackstone Ave
Fresno, CA 93710
559-435-8600
M-F: 9-9, Sat: 9-7, Sun: 10-5
www.herbbauersportinggoods.com

REI
7810 N Blackstone Ave
Fresno, CA 93720
(559) 261-4168
M-Sat: 10-9, Sun: 11-6
www.rei.com

Visalia Cyclery
1829 W Caldwell Ave
Visalia, CA 93277
(559) 732-2453
M-F: 9:30-6, Sat: 10-5, Sun: 12-5
www.visaliacyclery.com

Steven's Bicycles
4045 W Figarden Dr. #105
Fresno, CA 93722
(559) 229-8163
M-Sat: 10-7, Sun: 11-5

Sunnyside Bicycles
6105 E Kings Canyon
Fresno, CA 93727
(559) 255-7433
M-F: 10-7, Sat: 9-5, Sun: 12-5
www.sunnysidebicycles.com

Special Supporters

Steven's Bicycles
1365 N Willow Ave
Clovis, CA 93619
(559) 797-0148
M-Sat: 10-7, Sun: 11-5
www.stevensbicycles.com

Blossom Trail Cafe
Belmont and Academy
Sanger, CA 93657
(559) 875-2500
M-T: 6-2, W-F: 6-2 & 5-9
Sat: 6-2:30 & 5-9, Sun: 6-2:30

Sandals at the Beach
17541 N Friant Rd
Friant, CA 93626
(559) 822-4949
M-Th: 11-6, F: 11-7, Sat: 10-7
www.sandalsfriant.com

Some shops and supporters offer discounts to club members. Please identify yourself as an FCC member and check with each shop about their policy before purchasing.