



# The Rough Draft

VOLUME XLVI, ISSUE 3 - MARCH 2016

## THE PREZ SEZ



Greetings Club members and Fellow Cyclists!

Welcome to all our new members! We are excited that you have decided to share your passion for bicycling with all the like-minded folks in the club.

What? You're not yet a member of the club? And why not? Usually the reason people don't decide to do something is they are not informed enough to know whether it is right for them. I have heard all kinds of reasons why folks haven't joined the club from; I can't afford it, to that's really not my thing joining clubs, or I don't like hanging out with those spandex clad roadies, or how about; you guys are stuck up; or the best one, I could never ride with them they are too fast and too experienced for me to ride with. Well, let me just dispel all of those myths and excuses. The Fresno Cycling Club is just a group of like-minded individuals who are passionate about the thing they all have in common - Bicycling! The club has been helping folks in Fresno County and the Central Valley get educated about bicycling and how much fun can be had, as well as advocating for bicycle safety for 54 years. With almost 700 members we can have a powerful influence on local and state government. The bigger our numbers grow, the greater influence we can have to promote the ideas and concepts

to make bicycling safe for all riders as well as motorists.

Yes, we primarily ride road bikes but any bicyclist who has been involved in bicycling for a period of time will have a variety of bikes. We make use of all kinds of bikes, road bikes, hybrids, mountain bikes, cyclocross, fat tire, fixed gear, recumbents, trikes, and tandems. Our focus is providing opportunities for riders of all levels to get together and enjoy riding. We accomplish this by communicating our rides on a monthly ride calendar distributed with the monthly Rough Draft (the club's newsletter) to all members as well as being posted on the club's website at [www.fresnocycling.com](http://www.fresnocycling.com). We distribute the newsletter to all the bike shops and we also utilize [Facebook](https://www.facebook.com/fresnocycling) to promote our rides. Our different ride levels are identified as; A level - Fun rides, beginners and family rides, 10-12 mph; B level - Fun & Fitness 13-15 mph, C level - Fitness & Challenge, 16-18 mph; D level - Challenge & Training, 19-21 mph.

The backbone of any good club or organization are their members who are willing to also be volunteers to do the work necessary to carry out the mission of the club. From the Board of Directors and ride leaders, to the volunteers who help staff our event positions from rest stops to working SAG. Our volunteers are extremely important to the success of the club. We are always in need of great volunteers, so please get involved. There are committees to work on, events to coordinate, as well as daily, weekly and monthly rides to lead. Contact one of the ride coordinators or any board member to express your interest in getting involved as a volunteer.

Our upcoming events all need volunteers; Kirch Flat Century ride director Yvonne Moreno, Climb to Kaiser ride director Jennifer Collins, and Bass Lake Double Century ride director Tom Guevara all need volunteers to staff their rides. Newsletter editor and web administrator Dave Hubbell would love to have some volunteers provide stories for *The Rough Draft* and/or club website. The Rough Draft is your opportunity to share with the club those special rides you have done, riding feats you have accomplished or any informative stories that you feel would be of interest to the membership. Of course, the ride coordinators Nancy Dooley and Henry Pretzer are always looking for ride leaders.

I am excited about the upcoming West Hills

Century ride on March 12, 2016. Ride Director Al Graves has expanded the ride offering this year to include a full century as well as the metric, half metric and family fun rides. The route promises to be gorgeous this year with all the rain making for lush green mountainsides with the wildflowers will be in full force. It would be great to see a lot of members come join us to support this ride. It is a fun, well-supported ride and the proceeds will be split between the college and the club. Encourage your bicycling friends to come join you.

### General Meeting

7:00 PM

Wednesday, March 9<sup>th</sup>

Steven's Bicycles

4045 W Figarden #105, Fresno

### TOPICS

History of the Steven's Bicycle shops

Presentation on Bike Fitting  
by Manager Devin Bovee

Ordering Club Clothing (Jerseys, Bibs, shorts, jackets, etc) - Voler reps will be on hand to show new styles and provide fitting samples. Club clothing in stock will be on hand for purchase.

One of our newer club events, going into its third year and getting popular with more riders, is the Brevet series put on by ride director Lori Cherry. She has seven Brevets scheduled this year, check out her Brevet series on the club website. The first Brevet, the Raymond 200, was on Feb 20 and had almost 40 riders participate.

Have you ever had a great idea but it never seemed to get off the ground? I love the quote by our very own board member Nick Paladino, "I have yet to see a self actuating idea", in other words; it's not enough to have a great idea ... it takes someone willing to make that idea his or her own and make it happen. One such great idea was the "WOW" (Women on Wheels) program for women bicyclists started years ago by Patty Thompson. Last year they had over 300 women participating in their program. WOW provided a great program for women of all abilities to train on their bikes and be able to complete the Valley Girls ride. The women say they loved the support and camaraderie that the program provided. We were sad to

hear that Patty was retiring from hosting WOW and that it was being disbanded for lack of anyone to take it over. The FCC Board discussed the possibility of taking over the program but decided we didn't have the volunteers necessary to handle it considering all the other events we have going.

Good news! Tina Hutchings Kutzbach, you may know her as the owner of Stevens Bicycles, has decided to step in and create a ladies club (this name may or may not change) to take the place of WOW. The details are being worked out, but she is in the process of putting together a program for the ladies that were left without a program. The board is working with her to provide necessary support to make the ladies club an integral part of the Fresno Cycling Club. They will be offering weekly rides for ladies of all levels of ability, and especially for newer riders. Many of their rides will be on the club calendar starting this month. At the time of this writing there were 190 ladies that had expressed interest in the group. Contact Tina at Steven's Bicycles if you're interested

in participating in this group.

Just a reminder, the Clovis Big Hat Century will not be held this year due to a conflict in scheduling, however, we are looking forward to partnering with the California Classic Weekend this year on April 2. Look for upcoming information that may benefit members participating in the event as well as benefits for the club.

Recently Director Henry Pretzer took on the task of conducting a club wide survey to determine why our monthly member meetings had such low attendance, and what could we do to make the meetings more conducive to better attendance. He had over 100 members respond to the survey. There was a lot of constructive feedback. The takeaway is that no matter what we do in terms of changing the day of the month, the hours or the location, it is impossible to accommodate a lot of members at any one time. The main comments were to be more proactive about promoting the meetings, not only in the Rough Draft and website, but also through email and Facebook and to change up the locations

now and then to provide differing venues and topics of discussion. We have taken all this into consideration and will be making some changes starting with this month's March 9th meeting, which will be held at the Fresno Steven's Bicycles shop at Brawley and Figarden loop. On the agenda will be representatives from Voler, who will give a presentation on new products that Voler has available. They will have samples of the new products for sizing your fit for club jerseys, shorts, bibs, jackets and accessories. Voler has an ordering [link](#) available for members to [order](#) their club clothing for sizes or items we don't have in stock. The meeting will also have a presentation on proper bike fit by store manager Devin Bovee.

Remember to ride safe and ride legal. You are representing all cyclists when you ride. Our purpose is to make riding on the streets as safe as possible for all vehicles.

See you on the road!

The Prez,  
Dennis

### CLOVIS ACTIVE TRANSPORTATION PLAN PUBLIC WORKSHOP

The city of Clovis will hold a public workshop on Thursday, March 17, 2016, from 5:30 to 7:30pm. This is the second public workshop on the city's Active Transportation Plan (ATP). The ATP is a bicycle and pedestrian plan. The workshop will be at the Century Elementary School, 965 N. Sunnyside Avenue, Clovis, the location of the first workshop held last October. At 5:30 the city staff and the consultant will give a short overview of the project to write the ATP and present the draft walking and bicycling networks for the city. The drafts incorporate input from the October workshop and online. Afterwards attendees may provide input on the draft networks.

It is important that anyone who lives in or bicycles in the city of Clovis attend this workshop and provide feedback on the draft walking and bicycling networks. We had a good turn out at the October meeting, and we need to show that we are still concerned that the city provide a bicycle friendly environment.

ADVENTURES OF RIDING WITH OLD PEOPLE  
Episode 1: Hilton Bicycle  
By Al Graves

OK, first things first. I'm old. I'm over 70. Anyone over 70 is old. They are not "mature"; they are not "seniors"; they are not "temporarily challenged". They're old. So, forget the PC nonsense; it'll get in the way of a fun story.

Also, regardless of your suspicions, this short essay is not some sneaky ploy to get you to sign up quickly and conveniently for the West Hills Century 2016 scheduled for March 12th by following this link like so many of your best friends have already done--[www.westhillscollge.com/century/](http://www.westhillscollge.com/century/). Go. Do it now. Be one of the really cool people.

Now, back to the story. As I said, I'm old; therefore, I typically ride with other old people (primarily) in the B group, led so credibly by Ken Herrington and Nancy Dooley, neither of whom are actually already old--but

they're close. And, typically, I ride from home with an old man who—for sake of confidentiality—I shall refer to as Hilton Bicycle. His last name isn't actually Bicycle, but when I first entered his contact information into my fancy iPhone 6 I had forgotten his last name . . . so, Hilton Bicycle.

Awhile back, Hilton and I were riding along, about 32 miles into a 38-mile ride that took us from Herndon and Milburn in NW Fresno to Herndon and Armstrong in Clovis, then out to Friant and back home. It was a moderately cool morning and traffic was light; we had purposely chosen one of the less-traveled streets favored by old people. When we talked, it was difficult to hear each other clearly, probably because it is difficult to hear each other clearly under the best of conditions, much less while on the road, cycling at speeds sometimes exceeding 15 mph! Sprinters we're not.

Nonetheless, we talked. Actually, Hilton talked and I pretended to listen, as he and I

are generally accustomed to doing. He said—knowing that I teach at West Hills College in Coalinga, site of the West Hills Century 2016 for which you can easily and conveniently register at [www.westhillscollge.com/century/](http://www.westhillscollge.com/century/)—“Hey, Al. Do you stand up when you teach?” Logical question, I suppose. Only one problem: When he said “teach” I heard “pee”. So, I heard, “Do you stand up when you pee?”

Now, to me that sounded like a dumb question, even from an old guy; but, by this time I had consorted with Hilton enough to have learned that he has an inquiring mind and is not afraid to let his thinking go against the grain, you might say. So, against my better judgment I responded, beginning a conversation that lasted 3-4 minutes, maybe longer, because not only did I have to get close enough to him that we could hear each other, I had to warn him about following traffic. You see, Hilton refuses to use a mirror attached to either his bike, his helmet or his glasses. Like I said, he's old . . . and stubborn.

So, we talked, and every time he said “teach” I heard “pee” and every time I responded he thought I was talking about teaching and every time he questioned me I thought he was talking about peeing. You must remember that or this story may not make any sense. To make it easy on you I will highlight what I heard with bold, italicized font, while what Hilton actually said will be in parentheses, like this: pee (teach) . . . get it?

Here’s how it went, best I recall.

In reply to his question, “Do you stand up when you pee (teach)?” I said, “What the hell kinda question is that?”

He explained, with a lingering Arkansas drawl, “I was just wonderin’.”

I was not shocked by the fact that Hilton was “wonderin’” about this particular issue, for he had long before impressed me with his inquisitiveness and curiosity about all sorts of oddities in the worlds of science and philosophy and culture.

So, I said, “Yeah, sometimes I stand up and sometimes I don’t. Depends on how I feel. I’m tired sometimes.”

Obviously wanting to know more, Mr. Curious asked, “Do you ever have to pee (teach) at night?”

Without reluctance, I replied, “Now and then I do, but only when absolutely necessary. Then, a lot of times I’ll sit because the light is off.”

His brow wrinkled a little, like he was confused or something, then asked in a puzzled tone, “You pee (teach) with the light off?”

“Well, yeah. At night sometimes I don’t want to turn on a light and it’s probably safer to sit. In fact, Barbara has requested that of me many times!”

At this, he seemed to be in disbelief and again asked in the most puzzled tone, slowly stretching the sentence out, “You pee (teach) . . . with the light OFF?” He seemed incredulous.

I replied caustically, “Yeah, I do. I pretty much know how it’s done by now. I’ve been doing it for a very long time.”

Not offended by my shortness and sarcasm, he persisted with his questioning, asking, “What do your students prefer?”

That’s it, I thought. That is enough! This old man is nuts. By now, I was convinced I was consorting with a ding-bat. So, I told him in no uncertain terms, “Hilton, WHEN, WHERE and HOW I pee (teach) is no one’s business but my own. I seriously doubt that most of my students have ever given it a thought. Especially not the girls!”

He was quiet for a minute, thinking, then replied, “Who said anything about peeing? I only wanted to know if you preferred to teach standing up or sitting down.”

Spack! Bang! Pow! All of a sudden it hit me, so I spoke quickly and belligerently: “Well, damn, Hilton. Why didn’t you ask that in the first place!?”

Always easy-going—and probably ready to change the subject—Hilton responded coolly by asking, “Did you know I signed up for the West Hills Century 2016 quickly and conveniently by going to [www.westhillscollge.com/century/](http://www.westhillscollge.com/century/)?”

Thanks, Hilton. The Club appreciates that, and so do I. “You wanna ‘team-teach’ next time we go ridin’ in the country?”

#### A LAST MINUTE MESSAGE FROM DENNIS

I am excited to inform you that the Fresno Cycling Club has formed a partnership with the California Classic Weekend to help bring to you this year’s edition of the California Classic Freeway Ride. It is the only ride of it’s kind where bicyclists have the opportunity to ride 10 miles of freeway that is closed to motor vehicles as well as enjoy a great ride into the beautiful foothills and valleys of Fresno County. Your support of this ride will directly benefit FCC in many ways, not only monetarily but in notoriety. This ride is in it’s sixth year. Organizers Mike Herman and Nancy Tally are excited that we are able to partner to bring this ride to the bicyclists of the valley and beyond. I look forward to seeing everyone out on the ride.

March 3rd - **Reedley Lions Club Blossom Trail Ride**  
This popular pay-to-ride event begins at Reedley College and heads out over four courses. Visit [www.blossom-bikeride.com](http://www.blossom-bikeride.com) for more information.



Watch for Nancy’s story on a beautiful Trimmer Springs ride in next month’s issue.

**FRESNO cycling club**  
www.fresnocycling.com

Don't miss your opportunity to ride with **Ivan Dominguez, "The Cuban Missile."**

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- BBQ
- Michelob Beer Garden

**Need more of Challenge?**  
Run in one of our running events the NEXT day and earn this Classic Runners Hat!  
Also! Your finisher medals from both events Interlock!

**SUBWAY CALIFORNIA Classic WEEKEND**

**SATURDAY, APRIL 2ND, 2016**

register online today at [www.CaliforniaClassicWeekend.com](http://www.CaliforniaClassicWeekend.com)

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Ride Director – Climb To Kaiser .....	Jennifer Collins .....	831-224-3482 .....	<a href="mailto:kaiser@fresnocycling.com">kaiser@fresnocycling.com</a>
Ride Director – Kirch Flats.....	Mike Quiroz & Yvonne Moreno .....	559-360-1574.....	<a href="mailto:kirchflats@fresnocycling.com">kirchflats@fresnocycling.com</a>
Ride Director – Big Hat Days .....	Mike Quiroz .....	559-360-1574.....	<a href="mailto:bighatdays@fresnocycling.com">bighatdays@fresnocycling.com</a>
Ride Director – West Hills Metric.....	Al Graves.....	559-284-0787 .....	<a href="mailto:westhills@fresnocycling.com">westhills@fresnocycling.com</a>
Brevet Director.....	Lori Cherry .....	559-906-1491.....	<a href="mailto:brevets@fresnocycling.com">brevets@fresnocycling.com</a>

**Board Meeting**  
6:30 PM  
**Wednesday, March 2<sup>nd</sup>**  
Sequoia Brewery North  
Champlain & Perrin, Fresno

**New Members**

Annette Adams  
Ed Beier & Family  
Fermin Capacete  
Julie Cash & Family  
Diana Dean  
Paul Dix  
Justin W Morgan  
Lynne Pietz & Family

In celebration for the **National Bike Travel Weekend**, we would like to do a ride to the Madera Discovery Center. They have unearthed several dinosaur bones and have a museum to visit and learn about our area of many years ago. The itinerary would be to pedal from Fresno to the Discovery Center, enjoy a tour of the facility and then stay at a hotel at the northern end of Madera and enjoy a evening dinner together, and ride home the next day. I am interested in knowing how many are interested in joining my family and myself. I am also looking for those who want to go and not pedal both ways to be our SAG drivers. It would be a B level ride, at 1 Herrington pace on June 4th. Please let me know if there is enough interest. Please call Ken Herrington at 299-2275 and leave a message or email me at [campyherrington@sbcglobal.net](mailto:campyherrington@sbcglobal.net).

**Rules of the Road**

Ever wonder what all those numbers and letters mean on the Ride Rating column of the monthly ride calendar? Well, hopefully this is going to help you stop wondering. Read on.

**Required Equipment:** Helmets are mandatory! Bring basic tools for roadside repairs (i.e. patch kit, tire pump, spare tube and wrench if needed to remove your wheels.) Optional tools: spoke wrench, hex key wrench and small screwdriver. Bring money for food/snacks during the ride. Always bring water!

**Choosing a Ride:** Please do not attempt rides significantly beyond your ability level. Your presence may hinder other riders, and you may injure yourself trying to keep up. We encourage advancement, but don't become discouraged by "biting off more than you can chew." If in doubt, err on the conservative side. Call the ride leader for specifics on difficulty. Rain cancels rides unless specified "rain or shine."

**General Information:** Frequent starting places are the Compass in Woodward Park; the strip-mall at Shaw and Academy; Clovis East High School at Leonard and Ashlan, the Starbucks at Perrin and Somerville, Enzo's Table, formerly Bella Frutta, and the Chuck Wagon at Annadale and Academy in Sanger. Be ready to start at the stated time.

Unfortunately, we sometimes make an error on the telephone numbers for club rides. Please call a club officer if you cannot reach the designated ride leader.

**Starting Time:** Unless otherwise noted, all rides will start at the time listed. (No grace period.)

**Pace:** Classifications are based on an individual riding at a sustained pace on level ground. Actual speed may change depending upon terrain/weather conditions. Riding skills required are also listed. Training Pace - may exceed posted speeds with fewer and shorter rest stops. Social Pace - follows all parameters of that ride level.

A	Leisurely. 10-12 mph. Stops as needed. Some riding skills required. Waits for slower riders.
B	Moderate. 13-15 mph. Good riders. Social pace. Re-groups every 30-45 minutes. Waits for slower riders.
C	Brisk. 16-19 mph. Experienced riders. Social pace. Re-groups every hour. Requires pace line riding. Will wait for slower riders.
D	Fast. 20+ mph. Strong riders. Race pace. Infrequent stops. Requires pace line riding. No obligation to wait.
1	Generally flat = Woodward to Friant: Reedley (0%)
2	Easy grades with a few hills = Piedra (1-3%)
3	Rolling hills = The Circuit; Bass Lake Loop (3-5%)
4	Harder hills = Prather; Humphrey Station (5-8%)
5	Hillmania = Wildcat; Sky Harbor; Walker Grade (8-13%)
6	Unbelievable = Tollhouse Grade; Big Creek Rd. (13+%)

We're on the Internet at: [www.fresnocycling.com](http://www.fresnocycling.com) and on Facebook at [Fresno Cycling Club](#) and [Fresno Cycling Club Riders & Rides](#)

[Join or Renew online at Eventbrite](#)

Day(s)	Start Time	Rating	Leader(s)	Phone(s)	Description
<b>Weekly Repeating Rides</b>					
Monday and Wednesday	9:00 AM	C Rides Training	Tom Braner Kevin Adam	284-2777 281-3855	<b>The Mountain Men:</b> Meet at the Park and Ride lot at Hwy 168 and Temperance (next to the fire station) for C paced rides of 60 to 80 miles. The routes are loops into the foothills with occasional regrouping and at least one stop for refreshments. Mountain women are welcome too. Call to verify time or check e-mail notice.
Tuesday & Thursday	9:00 AM	B Rides Social	Ken Herrington	299-2275	<b>Mid-Week Morning Rides:</b> Meet Ken at Armstrong and Herndon for a mid-week morning ride with a generally 15 mile radius from our Clovis start. Tuesdays generally head in a north or west direction; Thursdays head in mainly easterly direction, but sometimes south. Bring money for snack stops along the way or to eat at Cravings on our return.
Tuesday After Time Change	5:30 PM	BCD/3/25 Training	Dennis Ball	960-7127	<b>Evening Ride to Millerton Store:</b> President Dennis Ball will lead these weekly evening training rides that begin at Steven's Bicycles parking lot at Willow & Nees and head up to Millerton Store and back. Meet at 5:30 and be ready to ride at 5:45.
Wednesday	9:00 AM	BC Rides Social	Tina Kutzbach	824-6342	<b>Wednesday Hump Day Rides:</b> Tina will resume Steven's Bicycles Hump Day Rides. Start rides at the Willow and Nees shop and alternate destinations each week: Friant on the 2nd; 16th; and 30th; Millerton Store on the 9th and 23rd of March. Tina will keep pace with the slowest rider, so come on out! Rain cancels!
Wednesday	9:00 AM	B/3-4/?? Social	Nancy Dooley	875-6399	<b>Wednesday "B" Climbing Rides:</b> Join Nancy for a series of five mid-week climbing rides in March: 2nd – begin at Doyal's Store site in Piedra, ride through Wonder Valley, climb Elwood, descend down Hwy 180, and back; 9th – begin at the Park-n-Ride east of Prather, ride up the four-lane; 16th – begin Millerton Store, ride out to Humphrey's Station and back; 23rd – begin in Tollhouse and ride up Old Tollhouse Grade and back down the four-lane; 30th – begin at Shaw & Academy and ride up Watts Valley and Wildcat and back. Please RSVP (that means call me if you are joining me!) and Rain Cancels (always a possibility!)
Thursday	5:45 PM	BC/1/20 Social	Patty Dailey	360-3760	<b>Evening Ride to Friant:</b> Meet Patty at Friant Road and Ft. Washington for two Thursday evening rides out to the Friant Shell Station and back. Remember your lights and reflective gear. Meets March 3rd and March 10th.
Thursday After Time Change	6:00 PM	C/3/17 Social	Jim & Janet Lucido	360-1921	<b>Backside of Millerton from Sandals:</b> Meet at Sandals in Friant at 5:45 p.m. Park on the side street please. Roll out at 6:00 p.m. for a great climbing ride to the backside of Millerton. Remember to bring reflective gear and your fully charged lights. Meets: March 17th, 24th, and 31st.
<b>Non-Repeating Rides and Events</b>					
Wednesday 3/2	6:30 PM	<b>FCC Board Meeting</b> Sequoia Brewery North - Champlain & Perrin, Fresno			
Saturday 3/5	6:00 AM	300 km Brevet	Lori Cherry	906-1491	<b>FCC's Bass Lake 300 KM Brevet:</b> This is the next brevet in a full series randonneuring events offered for the second year in the Fresno area. Riders will follow a cue sheet and be required to check in at designated control points. This 300 km route starts in Clovis at the Park-n-Ride at Temperance/Fwy168 (790 N.Temperance south of the Fire Station) and loops through the mountain towns of Bass Lake, Auberry and Wonder Valley before returning to the valley floor for a flat finish. 10 hour time limit.
Saturday 3/5	9:00 AM	C/4/59 Social	Patty Dailey	360-3760	<b>Humphrey/Prather Loop:</b> Start at Bella Frutta at Willow and Shepherd. Ride to Humphrey Station and back to start. Rain cancels.
Saturday 3/5	10:00 AM	All/1/10 Social	Tina Kutzbach	824-6342	<b>Steven's Bicycles to Woodward Park:</b> Meet Devin on the trail behind Steven's Bicycles at Shepherd and Willow. We'll ride out to Woodward Park and back to the food trucks. This will be a regular ride on the first Saturday of the month. (We will just be riding to Woodward Park this summer, not Millerton Store).
Saturday 3/5	11:00 AM	AB/2/15 Social	Mark and Michele Locatelli	930-0945 708-3837	<b>Appaloosa Loop:</b> Meet Mark and Michele at the Dry Creek Park at Sunnyside and Shepherd. Ride out north to the Appaloosa Loop and back to the food trucks at Shepherd and Willow for lunch.
Sunday 3/6	9:00 AM	B/3/24 Social	Brian Bellis Nancy Dooley	264-2645 875-6399	<b>Pine Flat Dam:</b> Join Nancy and Brian at the Old School House at Hwy 180 and Frankwood Ave. east of Sanger. Ride over the Tivy Valley hill to Piedra and beyond to the bottom of Pine Flat Dam. There are a few spikey climbs heading into the dam. Pretty ride this time of year with all the wildflowers out. We will stop at the Sherwood Forest Golf Course for lunch at their snack bar. They have a pretty patio next to a small branch of the Kings River.
Sunday 3/6	9:30 AM	BC/4/24 1,700' All roads ride	Henry Pretzer Tom Jones	706-2958	<b>Dirt Road Ride from Eastman Lake to Raymond via Knowles:</b> Meet at Eastman Lake pay station on Road 29/Rd 607. We will ride up Rd 607 (dirt road) to Knowles and around back down to Raymond. Quick stop at the General Store then back down. About 15 miles of dirt road and 10 paved. Some fun climbs on this ride. Call/text Henry with questions. Heavy rain cancels, light rain makes it more fun!
Wednesday 3/9	7:00 PM	<b>FCC Monthly Meeting - Steven's Bicycles - 4045 W Figarden #105, Fresno</b> Topics: History of the Steven's Bicycle shops • Presentation on Bike Fitting by Manager Devin Bovee • Ordering Club Clothing (Jerseys, Bibs, shorts, jackets, etc) - Voler reps will be on hand to show new styles and provide fitting samples. Club clothing in stock will be on hand for purchase.			

Day(s)	Start Time	Rating	Leader(s)	Phone(s)	Description
Saturday 3/12	7:00 AM	All levels Pay-to-Ride Event Social	Al Graves Ride Director	284-0787	<b>West Hills College Century and Metric Century:</b> Drive out to Coalinga (for the 3rd annual West Hills College-Fresno Cycling Club bicycle ride. Online <a href="#">registration</a> will continue until March 10th. Four rides are offered: 104-mile century, 60-mile metric, 38-mile mini-metric and a 10-mile fun ride. The course will be spectacular with the wildflowers blooming in the hills of Los Gatos Canyon.
Saturday 3/12	9:00 AM	BC/4/23-46 Social	Patty Dailey	360-3760	<b>Bass Lake Loop (Once or Twice):</b> Meet Patty at The Pines / Ducey's and loop the lake clockwise either once or twice. Some fun climbs and descents on this one. Rain cancels.
Sunday 3/13	9:00 AM	B/2/28 Social	Don Green	307-4284	<b>Lost Lake:</b> Don will begin this ride at Armstrong and Herndon. Ride out to Lost Lake and enjoy a peaceful break at this San Joaquin River park (bring snacks). Optional lunch at Cravings on our return.
Friday 3/18	6:00 PM	All/1/13 Social	Tina Kutzbach	824-6342	<b>Cruise to the Garden:</b> Leaves from Steven's Bicycles' Fresno shop at Figarden and Brawley. About 13 miles round trip. Don't forget your lights for the ride back! Grab your friends and join Ruth on a ride to the food trucks at Gazebo Gardens. We'll relax a while before heading back to the shop. Lots of great food and desserts out there! This will be a regular ride on the third Friday of the month.
Saturday 3/19	7:00 AM	200 km 5,100' Brevet	Lori Cherry	906-1491	<b>FCC's Mountain House 200 KM Brevet:</b> Begin this long distance ride at Hwy 180 and Frankwood east of Sanger. (1018 S. Frankwood Avenue, Sanger, CA 93657). This is a beautiful course that takes the rider through Exeter, over Rocky Hill, up Dry Creek Rd to the Sisters Mountain House Café for a lunch stop. From here you will go through Dunlap to climb Ruth hill before descending into Wonder Valley and the return to the school house. There is a 13.5 hour time limit to finish.
Saturday 3/19	8:30 AM	C/5/67 Training	Ann Heiniger	970-9593	<b>Squaw Valley to Mountain House:</b> Meet Ann at 8:30 at the Bear Mountain library in Squaw Valley. Route will climb over Ruth Hill and through Miramonte to the ridge and then descend Hwy 245 with a lunch stop at Mountain House. Continue down 245 to Boyd Drive, through Orosi and up Sand Creek back to the start.
Saturday 3/19	9:00 AM	C/4/55 Social	Patty Dailey	360-3760	<b>Giving Back to the Community Ride:</b> This ride benefits the Halo Cafe. Meet at Sunnyside Bike Shop in Fresno and ride to Humphrey Station and back. During the month of March, individuals can drop off pet food at Sunnyside Bicycles' Fresno hhop or on March 19th, the day of this ride. On March 28th, the collected pet food will be delivered to the food pantry for distribution. This organization is a non-profit that provides food to those families struggling to feed their furry pets.
Saturday 3/19	9:00 AM	B/4/25-40 Social	Marshall & Kathy Taylor	592-6761	<b>Exeter/ Rocky Hill/ Yokal Valley:</b> Join Marshall and Kathy at the water tower in Exeter. Ride east of town over Rocky Hill and beyond up Yokal Valley to the "oak tree". For a longer ride option, continue on up the valley to the fire station below Blue Ridge. The road is in poor condition the further up you ride. Plan on lunch at the Home Town Emporium on our return.
Saturday 3/19	10:00 AM	AB/1/15 Social	Mark and Michele Locatelli	930-0945 708-3837	<b>Reedley Loop:</b> Join Mark and Michele at Sunnyside Bicycles in Reedley. Ride out north of town and loop around to the Hill Crest Tree Farm on Reed Avenue. Continue into town for a great Mexican lunch at Juanito's across from Reedley College. This ride was rained out last December so M&M are offering it once more.
Sunday 3/20	9:00 AM	BC/1/35 Social	Henry Pretzer	706-2958	<b>Madera/Chowchilla Starbucks Ride:</b> Meet at Starbucks in Madera (Ave 16 - Kennedy - next to the Home Depot). Ride out past the state prisons, then, on to Chowchilla for a coffee stop at the Starbucks. From there, we take a spin through town and catch the frontage road back to our start. Rain cancels.
Sunday 3/20	9:00 AM	B/2/31 Social	Brian Bellis	264-2645	<b>Sanger Chili Ride Relaxed:</b> Meet Brian at the Chuck Wagon in Sanger at Academy and Annadale. Ride over the Sanger Chili Ride course at a more relaxed pace. Cycle through Centerville and beyond for a brief stop at the packing shed on Belmont. Continue past Piedra and stop for a break at the Tivy Valley Market. Climb Tivy hill, past Sherwood Forest Golf Course, and ride back up Annadale to the start. Post ride lunch at the Chuck Wagon.
Saturday 3/26	8:00 AM	AB/1/20 Social	Mark and Michele Locatelli	930-0945 708-3837	<b>Clovis Farmers Market:</b> Join Mark and Michele at Sunnyside Bicycles in Fresno. Ride across town to the Clovis farmers market. Bring money and large pockets to transport anything that catches your eye! This is an out and back ride at a comfortable pace.
Saturday 3/26	8:30 AM	BC/2/52 Social	Nick Paladino	432-8830	<b>Ride Around Campbell Mountain:</b> Join Nick at Shaw & Academy and pedal southeast to the intersection of Annadale and Reed Avenues. Then ride around Campbell Mountain and proceed to the Sherwood Forest Golf Course for a rest stop. Next, continue up Piedra Road to Trimmer Springs Road and return to the start. The target pace will be 15-16 mph so strong B riders are welcome.
Saturday 3/26	9:00 AM	B/3-4/22 Social	Peter Kopriva Nancy Dooley	291-6955 875-6399	<b>Dunlap to Pinehurst Lodge:</b> Meet Nancy and Peter at Dunlap School (up Hwy 180 to the Dunlap turnoff above Squaw Valley). Cycle up the Dunlap road with its brilliant red bud trees, which should be in bloom this time of year, to Miramonte. From there, it's a beautiful climb through the oaks and pine trees to Pinehurst where we will enjoy a wonderful lunch at a 100 year old rustic mountain lodge. It's all downhill on the way back - a pure joy after the long climb - payback time!
Sunday 3/27	9:00 AM	B/2/35 Social	Ken Herrington Nancy Dooley	299-2275 875-6399	<b>The Blossom Trail Cafe Ride:</b> If you are not in church this Easter Sunday or on an Easter Egg Hunt, then come on out for a ride out to the foothills. Join Ken and Nancy at Shaw and Academy for our monthly ride down Belmont to Piedra, over the Tivy Valley hill, past the horse farm, and back up Belmont to the Blossom Trail Cafe for breakfast. Finish the ride up the Academy bike lane.



FRESNO CYCLING CLUB MEMBERSHIP APPLICATION  
AND  
MEMBERSHIP RENEWAL FORM

The Fresno Cycling Club is a group of 500 plus cyclists who enjoy bicycling as a recreation and sport. As a club, we seek to offer cycling events and activities that span a spectrum of cycling interests. Club rides are scheduled year round and range from entry level to 100 mile expert rides. FCC sponsors several major cycling events each year; the famous Climb to Kaiser, voted by Bicycling Magazine one of the ten toughest rides in the USA, the Bass Lake Powerhouse Double Century, and recently started offering a Brevet Series for the long distance enthusiasts and several fully supported members only rides each year. We protect the rights of cyclist by following local, state, and national affairs as they concern cycling. FCC is in the forefront of bicycle advocacy in and around the Fresno area by promoting safe bike lanes and routes. If you like to ride, FCC has a place for you. Club members receive a monthly e-mailed newsletter listing ride schedules and other information of interest to local cyclists. We hope and encourage you to join FCC. Please fill out the information below and mail to: **Fresno Cycling Club, PO Box 27571, Fresno, CA 93729-7571**. You may also renew on-line at [Eventbrite](https://www.eventbrite.com).

To order a club jersey, shirt or hat, contact Dennis Ball via email: [president@fresnocycling.com](mailto:president@fresnocycling.com) or phone: 559-960-7127

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Registration is:  New  Renewal - Please provide your member ID: \_\_\_\_\_

Type:  Individual (\$35.00)  Family (\$50.00) 2 adults and minor children

Newsletter

Preference:  E-Mail  Mail a paper copy (\$20.00 additional)

Climb to Kaiser: last Saturday in June

Bass Lake Double

Big Hat Century: 1<sup>st</sup> weekend in April

Kirch Flats: Members Only ride, early May

Tour de Lakes: Members only ride, late July

New Year's Day: Members only ride

Christmas Party: early December

Ride Leader: Weekly Ride; you choose route

Advocacy: Participate in advocacy efforts

Share E-Mail address with Fresno County Bicycle Coalition

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND PARENTAL CONSENT AGREEMENT  
("Agreement") for LEAGUE OF AMERICAN WHEELMAN D/B/A LEAGUE OF AMERICAN BICYCLISTS ("LAB")  
(this form is to only be used for Individual Adults or for Adults on behalf of Minors)

IN CONSIDERATION of being permitted to participate in any way in Fresno Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I may incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, its respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. And, I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I AM 18 YEARS OF AGE OR OLDER, HAVE READ AND UNDERSTAND THE TERMS OF THIS AGREEMENT, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING THIS AGREEMENT, HAVE SIGNED IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



PO Box 27571  
Fresno CA 93729-7571

### Bicycle Shop & FCC Supporters Directory • Support Your Local Bike Shops and Restaurants

Clovis Bicycle Company & A Different Bent 50 W Bullard Ave. #113 Clovis, CA, 93612 (559) 492-7896 T-F: 10-6, Sat: 11-5 <a href="http://www.adifferentbent.com">www.adifferentbent.com</a>	Cycle Path 1165 E Champlain Dr Fresno, CA 93720 (559) 434-8356 W-F: 10-6, Sat.,Sun: 11-5 <a href="http://www.cyclepathbicycles.net">www.cyclepathbicycles.net</a>	Fresno Schwinn 2444 E Ashlan Ave Fresno, CA 93726-3100 (559) 226-2453 M-F: 10-6, Sat: 10-5, Sun: 12-4 <a href="http://www.fresnoschwinn.com">www.fresnoschwinn.com</a>	Rubber Soul Bicycles 132 W Nees Ave Fresno, CA 93711 (559) 435-BIKE (2453) M-F: 10-7, Sat: 10-5, Sun: 12-5 <a href="http://www.rubbersoulbicycles.com">www.rubbersoulbicycles.com</a>
Fulton Cycle Works 1428 Fulton St Fresno, CA 93721 (559) 917-3678 M-F: 10-7, Sat: 11-4 <a href="http://www.fultoncycleworks.com">www.fultoncycleworks.com</a>	Herb Bauer Cycling 6264 N Blackstone Ave Fresno, CA 93710 559-435-8600 M-F: 9-9, Sat: 9-7, Sun: 10-5 <a href="http://www.herbbauersportinggoods.com">www.herbbauersportinggoods.com</a>	REI 7810 N Blackstone Ave Fresno, CA 93720 (559) 261-4168 M-Sat: 10-9, Sun: 11-6 <a href="http://www.rei.com">www.rei.com</a>	Wilson's 284 W Shaw Ave Clovis, CA 93612 (559) 237-0215 M-Sat: 9-7, Sun: 11-5 <a href="http://www.wilsonsmc.com">www.wilsonsmc.com</a>
Steven's Bicycles 4045 W Figarden #105 Fresno, CA 93722 (559) 229-8163 M-Sat: 10-7, Sun: 11-5	Sunnyside Bicycles 6105 E Kings Canyon Fresno, CA 93727 (559) 255-7433 T-F: 10-7, Sat: 9-5, Sun: 12-5		Visalia Cyclery 1829 W Caldwell Ave Visalia, CA 93277 (559)732-2453 M-F: 9:30-6, Sat: 10-5, Sun: 12-5 <a href="http://www.visaliacyclery.com">www.visaliacyclery.com</a>
Steven's Bicycles 1365 N Willow Ave Clovis, CA 93619 (559) 797-0148 M-Sat: 10-7, Sun: 11-5 <a href="http://www.stevensbicycles.com">www.stevensbicycles.com</a>	Sunnyside Bicycles 1760 11th St Reedley, Ca 93654 (559) 726-2153 T-F: 9:30-6, Sat: 9-4 <a href="http://www.sunnysidebicycles.com">www.sunnysidebicycles.com</a>		<b>Special Supporters</b>
		Blossom Trail Cafe Belmont and Academy Sanger, CA 93657 (559) 875-2500 M-T: 6-2, W-F: 6-2 & 5-9 Sat: 6-2:30 & 5-9, Sun: 6-2:30	Sandals at the Beach 17541 N Friant Rd Friant, CA 93626 (559) 822-4949 M-Th: 11-6, F: 11-7, Sat: 10-7 <a href="http://www.sandalsfriant.com">www.sandalsfriant.com</a>

Some shops and supporters offer discounts to club members. Please identify yourself as an FCC member and check with each shop about their policy before purchasing.