



The Rough Draft

VOLUME XLV, ISSUE 8 - AUGUST 2015



THE PREZ SEZ

Greetings Fellow Bicyclists!

Welcome to our new members, we look forward to seeing you out on our rides and enjoying bicycling as much as we do.

This riding season is long from being over. We have had some fantastic rides so far especially the past couple months. The Climb to Kaiser was a big success this year with many riders from all over the country coming to take on the challenge of C2K. This year the weather offered it's own variation to make the ride more challenging. It wasn't as hot as it has ever been but the humidity was high which took a toll on those riders that weren't up to the task. There were fewer DNF's this year as those that were struggling early on asked to be switched to the Tollhouse Century to finish up. Overall those that finished and there were a lot of finishers this year enjoyed the ride, giving kudos to Ride Director Jennifer Collins, all her great volunteers, the well stocked rest stops and the many SAG drivers that made sure everyone finished the ride safely.

The month of July didn't disappoint, our ride leaders not only provided the weekly ride schedule with the popular Mountain Riders on Monday and Wednesdays lead by John Fries and Tom Braner, the Ken Herrington and Nancy Dooley rides on Tuesdays and Thursdays, the ever popular Tuesday and Thursday night rides to the Roadhouse from Steven's Bicycles at Willow and Nees, the Killer Bee riders, the weekly "A" Train rides, and some great weekend rides. Ride leaders Henry Pretzer and Susan Smith gave us a treat with a ride in Sequoia National Park starting at Stone Creek Lodge and riding

to the Big Trees and back. Then the Tour De Lakes capped off the month with a great ride out of Shaver Lake. If you haven't been out on one or more of the Club rides your definitely missing out. Don't let August pass by without getting out and joining in the fun.

The month of August and September offer a variety of riding, not only our calendar rides but there are many ride events as well. Just in our local area there will be the Annual Goathead Century on August 29th, sponsored by the Kings County Bicycle Club (they are the group that puts on such a great rest stop for us at Kaiser Pass each year), if you want to do a century ride without much climbing then this is the Century for you, it makes for a great first Century. It's our opportunity to support their club. I hear that FCC Past President Ron Quitariano is putting together a tandem group in an attempt at a sub 5 hour Century; I would like to be able to stay on that train. If you like out of town rides there is the Cool Breeze Century out of Ventura on August 15th put on by the Channel Islands Bicycle Club, I have done this ride it is a great one. Don't forget about the 7th Annual Tour de Fresno coming on September 12, it has rides for all level of riders. On Labor Day Ron Quitariano is leading the FCC Annual Tandem and Recumbent Rally (Uprights (regular bikes) are welcome too) starting again at Railroad Park, Peach - Alluvial, check the ride calendar for details. Did I say it is another supported free Club ride? How do we do this? Just to give you a heads up on one of the great August rides, Ride Director Nancy Dooley and crew are putting together the annual Cambria ride, check the calendar for details.

Have you ever done a Time Trial? Maybe your not sure what a Time Trial is! Well it's a fun opportunity to test your abilities on a 10-mile course (5 miles out and back) against the clock. The Fresno Cycling Club has been putting on

Time Trials for years ever since we stopped being a Racing Club back in the late 70's. Time Trials are the one "racing event" that our insurance allows, as it is an individual's race against the clock not other riders. This year our Club has teamed up with the TC3 - Triathlon Club to put on the Time Trial Series. The first three events of the series starting in April were held at the Belmont - Academy location thanks to the support of the Blossom Trail Cafe. The series skipped the month of July in anticipation of hot weather, but it is back for the month of August. We are changing it up this month with a location that is new to FCC members, it will start and end in Friant and will be sponsored in part by Sandals at the Beach. (Quick reminder Club members enjoy a 10% discount on your meal at Sandals in Friant, log into the members only section at website to get details). Put Saturday August 22 on your calendar, the TT will be an early one to avoid the heat, check the calendar or the Facebook event for details.

Don't miss the Club's annual Picnic coming up the end of August. It is getting harder and harder (a good thing) to pick a date that doesn't conflict with a ride, so we are going with August 30, Sunday afternoon. We had planned to do it on August 29th, but learned that was the same day as a Valley favorite ride, the Goathead Century. The picnic will again be held at the beautiful residence of Vice President Mike Quiroz, the same location as the Kirch Flat Century. We will get the party started around 4 pm. Details will be on the home page at www.fresnocycling.com and on Facebook. Look forward to seeing you all there.

Well that's it for now; continue having a fun and safe summer of riding. Remember to "Ride courteous, ride safe, and ride legal"

See you on the road,

The PREZ
Dennis Ball

2015 CLIMB TO KAISER A SUCCESS

Hello FCC Members, Jen Collins here! Your FCC Secretary and Climb to Kaiser Director! This was my second year organizing this ride and felt a bit more comfortable with it. With my C2K manual in hand and experience under my belt I started the C2K planning in January as usual and did a fairly decent job of staying on schedule with the planning timeline. It always seems to be a hurry up and wait process. Then Kaiser week arrives and I turn in to a crazy person! I end up living, eating, breathing this event and fielding questions left and right in the week leading up to the event. This year my planning crew consisted of far fewer members since I was feeling much more on top of my game. A big thank you to Dennis Ball for his never-ending help with FCC events and support to all the ride directors, Lindsey Chargin who works so hard to get us all the permits we need to put this event on, and Diana Herrington for updating food and supply lists so that we all know what to buy and which rest stops it goes to and on top of that plans and does all her own shopping for the delicious after ride meal.

We have riders from all over the US attend this event! Many of them are from Southern California and the Bay Area. About 60% of the participants

are from outside our area (over 50 miles or more away).

SOME CLIMB TO KAISER 2015 STATISTICS: Total Participants Signed up (all rides): 308 - Climb to Kaiser: 216, 182 actually rolled out - Tollhouse Century: 52, 45 actually rolled out - Millerton Metric: 40, 35 actually rolled out - Tandems participating in Climb to Kaiser: 3 - Recumbent Trikes: 1

1st to the top of Kaiser Pass: Joey Galloway (5 ½ hours) - 1st time C2K Finishers: 141

Temperature: Valley floor: 103 degrees, Kaiser Pass: 80 degrees - the day was very humid!

All 3 tandems and the recumbent made it to the top of Kaiser Pass! From what I understand of the history of this event, this is a first for the recumbent trike! Full C2K results are available at: <https://runsignup.com/race/results/?raceId=22594#resultSetId-10628>

This event wouldn't be the success it is without the countless volunteers and fabulous sponsors! I would like to thank all of our hard working volunteers for really striving to make this event the world-class event that it is! It takes a lot of people to cover all of the bases and take care of minor details. I would like to personally thank all of the rest stop leaders: Anne Zenter, Tito Gironimo and Elisabeth Guevera, Mark Steinberg and his wife, Jane Tell and Dianna Millhollin, Ken Herrington, Patty Dailey and her husband, Justin and Jenny Bowman, Brent and Tina Kutzbach, and Tina Sumner. As rest stop leaders you all recruited amazing teams!! Thank you to LaDonna Roy for bringing so many WOW and Parker's Team members to volunteer for rest stops and the newly added course marshal positions! I cannot thank Kevin Nehring enough for all of his help recruiting a great team of SAG drivers and running a great team! Thank you Yvonne, Carlton and Mike for taking on the massive shopping trip and dividing up all the supplies for the rest stop leaders to pickup! Thank you to the registration team that made checking hundreds of riders seamless, thank you Michele Shields, Aileen Gray, Gia Parker, Janet Lucido, and Brian Bellis! Thank you to Diana and Kendia Herrington for providing the best darn after ride meal ever! I wish more riders were able to enjoy it, but the darn humidity had so many of them sick after the ride. A huge thank you to our Ham Radio crew leaders Gene and Kim Davis.

I would like to share some of the emails I received after the ride:

Jennifer, Thanks for organizing the C2K. I can't imagine trying to organize an event like this. You and your team did a Great Job!! I was one of the last six to finish. Your SAG crew did a great job herding us to the finish line before 10pm. Here are some photos from the day and some posters my nephews had up in Shaver. My youngest nephew said "Uncle Leo, what took you so long?"

Thanks Again and still recovering!

Leo Schulz of Kingsburg, CA

Jennifer, a very big thank you to you and everybody that put in so much effort making this ride possible! After missing last year it was great to be back riding in the Sierras and the support provided puts FCC in a league of their own. Also the signage marking course was the best ever. Because I've done the ride 5 times I don't need it but the first year I did this ride there was nothing at Borough valley road, I missed the turn and rode 10 miles off course. Made for a very long day on my first Kaiser.

As usual the food at the end of the ride was excellent, a big thanks to everyone involved with that.

Have a great day, I'm already looking forward to 2016!

Bill McMillan of Los Osos, CA

Hi - I was wearing bib number 1366 and I believe that I was one before last to finish. I had a lot of support on the tail end of the ride as I was finding it hard to have any solid food and was running low on energy. I wanted to send a thank you note to all the volunteers who cheered and followed me with cars and motorbikes, making me feel safe so that I could focus on riding as fast as I could to the finish line. I think that a couple of pictures were taken at the popsicle rest stop and I would love to have a copy of those as well as learn the name of all these great supporters. I have attached a couple of pictures after the finish. This was a fantastic event, I felt very pampered the whole way, very well organized, very well supported. I am planning on doing it again and I will recommend it to my other cycling friends.

Nathalie Criou of San Francisco, CA

Hi Jennifer,

Please forward this email to anyone who helped out at the race and needs to know... THANK YOU!!! They were absolutely amazing. They were on the spot helping take my bike at each stop, getting me water/ice without any prompting, ice towels, and then being asked if I needed anything else after I sat down (and made to order sandwiches!!!). A nicer and more supportive group of strangers I have never met. The man at the top of Kaiser who saw how much I was struggling just to get my leg up and off the bike encouraging me to "take my time, take it easy, relax and take my time, as I was bent over my handle bars and he held my bike steady until I was ready to move again... unbelievably kind and aware of my struggle. I wish I knew his name but that man who rode by me in a car about 35 miles from the finish (I had seen him at a previous rest stop) to roll down his window and tell me how strong I looked, how well I was doing, and that the tough climbing was over and to keep up the great job was one of the best moments of the ride for me. I could only smile because I had nothing left in the tank, but his words, and the words of encouragement from everyone at each and every rest stop, was inspirational and very much appreciated. What a fantastic group of people that supported this ride and it reinforces that there are still some great and caring people out there.

Great job by all and I thank you for making the hardest ride I have ever done one that I actually enjoyed.

Ed Albers of San Jose, CA



FRESNO CYCLING CLUB & CLIMB TO KAISER



Would like to give a big thank you to our sponsors!



Fresno Cycling Clubs answer to: Where to ride when it's hot?

Fresno Cycling Club has developed a reputation for hosting great bicycle rides for our members. This couldn't be accomplished without the support of our great ride leaders and volunteers.

What do Fresno bicyclists do when the July temperatures are hitting the hundreds on the Valley floor, making it too hot to ride comfortably? They head to the cooler temperatures of the nearby mountains. Fresno is blessed with being close to some of the best mountain riding available.

The first of the two Mountain rides last month was "A Ride to the Sequoias" hosted by club ride leaders Henry Pretzer and Susan Smith in the Sequoia National Park. Henry and Susan have gained a reputation for putting together some incredibly fun and enjoyable mountain rides. So it was no accident that twenty-one riders showed up at the Stony Creek Lodge prepared for an adventurous ride to the Big Trees. The Sequoia's are some of the most majestic trees in the forest; it was a special treat to ride up close and personal and get our pictures taken in front of the big trees. The weather was perfect, the scenery was gorgeous and the ride was great. One of the best things about riding in the mountains is the light traffic and nice roadways. We had a fun, safe ride and took a lot of pictures. Thank you Henry and Susan.

The second ride in the Mountains was the Annual FCC Members Tour De Lakes ride hosted by yours truly and the FCC Board. A special thanks to Board members Ranay Franklin, Elida Gonzalez, Nancy Dooley (SAG support) and volunteers Liz Pianetta, her friend Mark and James West who put on a fabulous Rest Stop at McKinley Grove. Ranay really knows how to put on a rest stop, complete with music, a special rice dish, and her own special touch – smoothies.

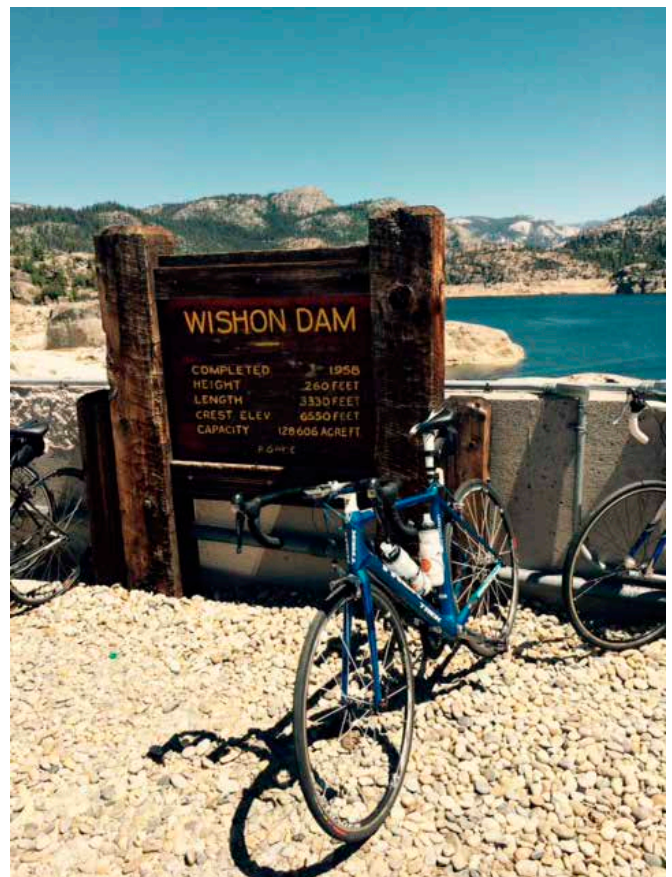
I didn't get a count on the number of riders but it was near 100, if not more. Our riders were treated to some great weather, clear blue skies, temperatures in the 80's and light traffic on the road. There were riders that expressed this was their first Tour de Lakes ride and never realized that it is such a beautiful ride, even folks who have been members for several years.

The C/D riders got started early a little after 8:00 a.m. There was a good group of riders indicating that they would be doing the out and back to Courtwright Reservoir. They just loved all the climbing to get there and back for a total of 8,000+ climbing in 72 miles for those ambitious riders. For us less ambitious the ride out to Wishon Dam and back was plenty of climbing about 5,000 +/- in 58 miles.

The B group got started between 9:00 and 9:30 at Dinkey Creek. They

also had a fabulous ride to Wishon Dam with a little less climbing in 36 or so miles. Everyone had a great ride and there was only one casualty. Lori Esau's son Ben was coming back after leaving the rest stop. He rounded a corner and hit a patch of gravel causing him to fall. He suffered a broken collarbone as a result. He was picked up by a family and transported to the start where his mom Lori was waiting. He said he wasn't hurting that much and didn't realize he had broken anything until the hospital had the x-ray results. He said he still had a great ride.

Thanks to all our members who support the Club and our efforts to provide great bicycling for our community. — Dennis - The Prez



Fresno Cycling Club Board of Directors

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Brevet Director.....	Lori Cherry	559-906-1491.....	brevets@fresnocycling.com

Board Meeting
6:00 PM
Wednesday, August 5th
Sequoia Brewery North
Champlain & Perrin

General Club Meeting
No Meetings in August
Enjoy your Summer Riding

Rules of the Road

Ever wonder what all those numbers and letters mean on the Ride Rating column of the monthly ride calendar? Well, hopefully this is going to help you stop wondering. Read on.

Required Equipment: Helmets are mandatory! Bring basic tools for roadside repairs (i.e. patch kit, tire pump, spare tube and wrench if needed to remove your wheels.) Optional tools: spoke wrench, Allen wrench and small screwdriver. Bring money for food/snacks during the ride. Always bring water!

Choosing a Ride: Please do not attempt rides significantly beyond your ability level. Your presence may hinder other riders, and you may injure yourself trying to keep up. We encourage advancement, but don't become discouraged by "biting off more than you can chew." If in doubt, err on the conservative side. Call the ride leader for specifics on difficulty. Rain cancels rides unless specified "rain or shine."

General Information: Frequent starting places are the Compass in Woodward Park; the strip-mall at Shaw and Academy; Clovis East High School at Leonard and Ashlan, the Starbucks at Perrin and Somerville, Bella Fruta and the Chili Chuckwagon at Annadale and Academy in Sanger. Be ready to start at the stated time.

Unfortunately we sometimes make an error on the telephone numbers for club rides. Please call a club officer if you cannot reach the designated ride leader.

Starting Time: Unless otherwise noted, all rides will start at the time listed. (No grace period.)

Pace: Classifications are based on an individual riding at a sustained pace on level ground. Actual speed may change depending upon terrain/weather conditions. Riding skills required are also listed. Training Pace - may exceed posted speeds with fewer and shorter rest stops. Social Pace - follows all parameters of that ride level.

A	Leisurely. 10-12 mph. Stops as needed. Some riding skills required. Waits for slower riders.
B	Moderate. 13-15 mph. Good riders. Social pace. Re-groups every 30-45 minutes. Waits for slower riders.
C	Brisk. 16-19 mph. Experienced riders. Social pace. Re-groups every hour. Requires pace line riding. Will wait for slower riders.
D	Fast. 20+ mph. Strong riders. Race pace. Infrequent stops. Requires pace line riding. No obligation to wait.
1	Generally flat = Woodward to Friant: Reedley (0%)
2	Easy grades with a few hills = Piedra (1-3%)
3	Rolling hills = The Circuit; Bass Lake Loop (3-5%)
4	Harder hills = Prather; Humphrey's (5-8%)
5	Hillmania = Wildcat; Sky Harbor; Walker Grade (8-13%)
6	Unbelievable = Tollhouse Grade; Big Creek Rd. (13+%)

New Members

Barton Ashida	Michael Kerr
Stephanie Bigbee & Family	Yongjang Kim
Dan DeBardleben	Pam MacDonald & Family
Dennis DeBardleben & Family	Lauren Merrell
Claude Dechow	Richard Nadeau & Family
James Farmer	Dave Nicholas & Family
Anthony M Fraser & Family	Ruste Parker
Robert Hansen & Family	Peter Petrillo & Family
Tim Hayes & Family	Douglas Taylor & Family
Jim Healy & Family	Rotana Tek
Kent Johnson	Daniel Triplett
Lena Johnson	Steve Warkentin

Day(s)	Start Time	Rating	Leader(s)	Phone(s)	Description
Weekly Repeating Rides					
Monday & Wednesday	7:30 AM	"C" Rides Training	John Fries Tom Braner Kevin Adam	313-1540 284-2777 281-3855	The Mountain Men: Meet at the Park and Ride lot at Hwy 168 and Temperance (next to the fire station) for "C" paced rides of 60 to 80 miles. The routes are loops into the foothills with occasional regrouping and at least one stop for refreshments. Mountain women are welcome too. Call to verify time or check e-mail notice. If you would like to receive e-mail notices for the evening prior to each ride, send your e-mail address to John Fries (friesj@sbcglobal.net).
Tuesday	5:45 PM	BC/3/25 Training	Dennis Ball	960-7127	Evening Ride to Millerton Store: President Dennis Ball will lead these weekly evening training rides that begin at Steven's Bicycles parking lot (at Willow & Nees) and head up to Millerton Store and back. Meet at 5:30 and be ready to ride at 5:45.
Tuesday	5:00 PM 5:30 PM	BC/2/31 D/2/31 Training	Brian Bellis Show & Go	264-2645	Sanger Chili Ride: Meet Brian at the Chuck Wagon at Academy and Annadale in Sanger at 5:00 for a more relaxed ride out through Centerville and up to Piedra. The faster riders pull out around 5:30 – it's usually a race around the course for this group! Brief stop at the Tivy Valley Store. Continue over the Tivy Valley hill, past Sherwood Forest Golf Course on Frankwood, and back up Reed and then Annadale to the start. This is a beautiful evening ride at a brisk pace. Plan on enjoying a chili dog on your return to the Chuck Wagon.
Tuesday	5:45 PM leaves at 6:00 PM	A/1/13 Social	Michele Basham Mark Locatelli	930-0945 708-3837	The A-Train Clovis Summer Trail Ride: This "A" level ride will take the Clovis bike trails out to the Dry Creek Bike Park at Shepherd and Sunnyside. Bring snacks or a sandwich to enjoy at the park before our return.
Tuesday & Thursday	8:00 AM	B Rides Social	Ken Herrington	299-2275	Mid-Week Morning Rides: Meet Ken at Armstrong and Herndon for a mid-week morning ride with a 15-20 mile radius from our Clovis start. Tuesdays generally head in a north or west direction; Thursdays head in a south or easterly direction. Bring money for snack stops along the way or to eat at Cravings on our return.
Wednesday	8:00 AM	BC/2-3/ 20-25 Social	Tina Kutzbach	824-6342	Steven's Hump Day Shop Ride: Meet Tina at the Clovis Store at Willow and Nees and we'll head out to either the Friant Shell Station or the Millerton Store, switching it up each week. A fun morning ride good for all kinds of riders. Check the Steven's Bicycles Facebook page for route and cancellations. Check the Steven's Bicycle Facebook page for cancellations and further details.
Thursday	5:45 PM	CD/3/25 Training	Michael Quiroz	360-1574	Road House Evening Training Rides: Join Michael at Steven's Bicycles at Willow and Nees for a quick ride up to Millerton Store and back. Be ready to ride at 5:45 PM. Updates on Biking Buddies and FCC Facebook.
Weekend and Special Event Rides					
Sunday 8/2	8:00 AM 8:30 AM	BC/2/28 Social BC/2/18	Nancy Dooley Ben Liu	875-6399	Sunday to Sandals: Gather at Armstrong and Herndon for our first of the month ride out to Sandal's for breakfast. We will join up with Ben's group at Enzo's Table at Willow & Shepherd. Pick your pace, either a faster "C" ride or a more leisurely "B" pace.
Thursday 8/6	6:00 PM	C/2/31 Social	Patty Dailey	360-3760	Evening Trek Around the Sanger Chili Ride Course: Join Patty at the Chuck Wagon at Academy and Annadale in Sanger. Cycle out through Centerville to Piedra for a short stop at either Winton Park or the Tivy Valley Store. Then, continue over the Tivy Valley hill, past the Sherwood Forest Golf Course, and back up Annadale to the start. Plan on eating a world famous chili dog on our return.
Saturday 8/8	7:30 AM	BC/2/51 Social	Nick Paladino	432-8830	Ride Around Campbell Mountain: Join Nick at Shaw & Academy and pedal southeast to the intersection of Annadale and Reed Avenues. Then ride around Campbell Mountain and proceed to the Sherwood Forest Golf Course for a rest stop. Next, continue up Piedra Road to Trimmer Springs Road and return to the start. The target pace will be 15-16 mph so strong B riders are welcome.
Saturday 8/8	8:00 AM	B/1/25 Social	Mary Moore	455-3917	Breakfast Ride to Kingsburg: Meet Mary at the double water tower in downtown Reedley. Cycle out west of town to Kingsburg for breakfast at the Dalia Horse, a restaurant on Main Street. The route travels by ripening orchards of tree fruit and over roads with little traffic – a peaceful countryside trek.
Sunday 8/9	8:00 AM	B/3/30 Social	Don Green	307-4284	Millerton Store: Join Don at Herndon and Armstrong for a morning spin up to Millerton Store. On our return, plan on lunch at Cravings.
Thursday 8/13	6:00 PM	C/3/22 Social	Patty Dailey	360-3760	Watts Valley Road to the Corral: Meet Patty at 5:45 at Shaw & Academy for this brisk paced evening ride up Watts Valley Road to the Corral and back. The ride will roll out at 6:00 sharp!
Saturday 8/15	7:30 AM	B/4/46 Social	Jan Harms	227-1797	22 Mile House: Meet Jan at Tri-Sport across from the north entrance to Woodward Park. Ride out to Friant, cross the bridge and climb the steep broken bridge hill. Continue out north to Road 208. Climb over the hill to the 22 Mile House for a break at the Valero Station. Return same route. Stops at the Shell Station in Friant as needed.
Sunday 8/16	8:00 AM	B/2/35 Social	Ken Herrington Nancy Dooley	299-2275 875-6399	Blossom Trail Café Ride: Join Ken and Nancy at Shaw & Academy for our monthly ride out Belmont to Piedra. Several regrouping stops along the way. Take a break at Winton Park, then climb over the Tivy Valley hill, pass the horse ranch, and circle back to Belmont for a straight shot back to the Blossom Trail Café for breakfast. Finish up by riding the Academy bike lane back to the start.

Day(s)	Start Time	Rating	Leader(s)	Phone(s)	Description
Sunday 8/16	9:00 AM	A/1/18 Social	Tina Kutzbach	824-6342	Steven's Family Fun and Fitness Ride: Notice the new start time for this monthly ride. Meet Tina at Steven's Bicycles at Willow and Nees. Come out and join us for an eight mile loop on the car free Clovis bike trails. Optional stop at Sonic on our return. All riders and bikes are welcome.
Thursday 8/20	6:00 PM	C/4/26 Social	Patty Dailey	360-3760	Evening Ride to the Backside of Millerton: Join Patty for this evening climbing ride from Sandal's in Friant to the backside of Millerton Lake. There are three good climbs on this one. Bring snacks for a brief stop at the boat dock at the end of the lake at the turn-around.
Saturday 8/22	Registration: 6:30 AM 1 st Rider Out: 7:00 AM	All Levels 10 Miles at High Speed!	Patty Dailey Dennis Ball	360-3760 960-7127	Friant Time Trail Course: For #4 in this summer's time trail series, TC3 is changing the course from Belmont to the traditional course starting in Friant to the top of the Willow hill and back. Registration and check-in between 6:30 and 7:00 at Sandal's at the Beach Grill. Please park at the Sandal's location. At 7:00 a.m. the first rider leaves across from The Dam Diner. The course is open to traffic – ride at your own risk! Must wear a helmet, no drafting, if and when you can safely pass another rider, announce, "On you left." The turnaround is at the top of the first small hill (after the cone or sign), come back and finish at The Dam Diner.
Saturday 8/22	10:00 AM	BCD/3/48 Social	Liz Pianetta Nancy Dooley Marty West	289-0471 875-6399 349-8900	Cayucos to San Simeon Coastal Ride: Meet our three ride leaders at Hardy Park in Cayucos (the park at the north end of town that the SLBC uses for its rest stop on the Light House Century). Ride up the coast through Cambria and the town of San Simeon to Sebastians sandwich shop across from the Hearst Castle turn-off. This ride is an out and back. The ride begins late enough to drive from Fresno and return the same day. There is an optional route out of Cayucos up Old Creek Road to Hwy 46 and back down to Hwy 1 for the die-hard climbers (no ride leader for this option). This ride has become an annual August outing for the Fresno Cycling Club.
Sunday 8/23	7:30 AM	B/2/31 Social	Brian Bellis	264-2645	Sanger Chili Ride Relaxed: Brian is trying to adjust his starting time to accommodate the summer heat, so this outing we are going for a 7:30 AM start time. Gather at the Chuck Wagon in Sanger at Academy and Annadale. Ride out northeast of town through Centerville and beyond to Piedra. Bring snacks for a short break at Winton Park. Ride over the Tivy Valley hill, past Sherwood Forest Golf Course, and back up Annadale to the start.
Saturday 8/29	9:30 AM	BC/4/30 2400' Social	Henry Pretzer Susan Smith	706-2958 240-3717	Boyden Cavern/Cedar Grove/Roads End: Come ride scenic Kings Canyon with us. We will start at Boyden Cavern (Hwy 180, 22 miles past the park entrance). The road follows the Kinds River up to Cedar Grove and then branches away from the river beyond to Roads End. We will make a stop at Cedar Grove Store either going up or coming back. Park entrance fee is \$20 or use your pass. Carpool if possible. (B riders have an option to stop at Cedar Grove and have lunch at the café while the rest of the group continues down to Roads End. The café usually closes by 2:00.) This is a beautiful ride – worth the drive up from Fresno. Allow for two hours of driving time.
Sunday 8/30	8:00 AM	AB/1/29 Social	Nancy Dooley	875-6399	Sanger Starbuck's Ride: Join Nancy at Clovis East High School (at the parking lot on the SE corner of Leonard and Ashlan). Cycle out the back roads to the Starbuck's in Sanger for a stop for your favorite refreshment. Then, continue on into the river bottom and through Centerville where we circle back to Ashlan and head back to the start. This is a good entry level ride.
Monday 9/7	8:00 AM	BCD/32 or 65 Social	Ron Quitoriano		11th Annual Tandem/Recumbent Mini Rally: This annual Labor Day event begins at Railroad Park at Peach and Alluvial in Clovis. Sign in at 7:15 with a start time at 8:00. This is an all level ride suited for every ability. There will be a 32 mile flat course and a 65 mile moderately hilly route for the more experienced riders. The 32 mile will take a circuitous route out to Shaw and Academy before heading back; the 65 mile route will follow the 32 mile, but continue up Watts Valley Road past the corral for a well-deserved rest stop before heading back down the hill. At the end of the ride, enjoy the after ride barbecue while visiting with friends and discussing the days event. So, dust off that tandem or recumbent and come out to ride!

ANNUAL FRESNO CYCLING CLUB PICNIC

Join the fun (food , music and swimming) for the annual Fresno Cycling Club Picnic Saturday August 29th. This will be the last FCC event at the home of Michael Quiroz so lets go out with a bang! This party will start at 5:00 PM and will go through 9:00 PM. The club will provide Tri-tip and burgers/Boca burgers water and sodas. We please ask if you can bring a side dish such as pasta, green salad, beans, watermelon or fruit dish, appetizer or your favorite dish. You may also bring your favorite wine or beer! We will need a count for food and beverage so please RSVP to Michael Quiroz at mtquiroz@sbcglobal.net. Hope to see you there!

FRESNO CYCLING CLUB TRIPLE CROWN WINNERS

Club stats are new at The Official California Triple Crown Web Site (caltriplecrown.org). [This link](#) shows 2015 double century information for Fresno riders who have identified Fresno Cycling Club as their affiliated club. Congratulations to Fresno Cycling Club members Doug Rylee and Michael Taylor on earning their first Triple Crown. California Triple Crown winners have completed three double century rides (that's 200 miles!) in one year. If you're riding double centuries and your name is not on this list, update your information at the California Triple Crown website and show your club pride!



FRESNO CYCLING CLUB MEMBERSHIP APPLICATION AND MEMBERSHIP RENEWAL FORM

The Fresno Cycling Club is a group of 500 plus cyclists who enjoy bicycling as a recreation and sport. As a club, we seek to offer cycling events and activities that span a spectrum of cycling interests. Club rides are scheduled year round and range from entry level to 100 mile expert rides. FCC sponsors several major cycling events each year; the famous Climb to Kaiser, voted by Bicycling Magazine one of the ten toughest rides in the USA, the Bass Lake Powerhouse Double Century, and recently started offering a Brevet Series for the long distance enthusiasts and several fully supported members only rides each year. We protect the rights of cyclist by following local, state, and national affairs as they concern cycling. FCC is in the forefront of bicycle advocacy in and around the Fresno area by promoting safe bike lanes and routes. If you like to ride, FCC has a place for you. Club members receive a monthly e-mailed newsletter listing ride schedules and other information of interest to local cyclists. We hope and encourage you to join FCC. Please fill out the information below and mail to: Fresno Cycling Club, PO Box 27571, Fresno, CA 93729-7571. To order a club jersey, shirt or hat, contact: Mike Monge (559) 708-2030.

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

E-mail: _____

Registration is: New Renewal

Type: Individual (\$25) Family (\$30) 2 adults and minor children

Newsletter

Preference: E-Mail Mail a paper copy (\$10 additional)

Climb to Kaiser: last Saturday in June

Bass Lake Double

Big Hat Century: 1st weekend in April

Kirch Flats: Members Only ride, early May

Tour de Lakes: Members only ride, end of July

New Year's Day: Members only ride

Christmas Party: early December

Ride Leader: Weekly Ride; you choose route

Advocacy: Participate in advocacy efforts

Share E-Mail address with Fresno County Bicycle Coalition

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND PARENTAL CONSENT AGREEMENT

("Agreement") for LEAGUE OF AMERICAN WHEELMAN D/B/A LEAGUE OF AMERICAN BICYCLISTS ("LAB")

(this form is to only be used for Individual Adults or for Adults on behalf of Minors)

IN CONSIDERATION of being permitted to participate in any way in Fresno Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I may incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, its respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. And, I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I AM 18 YEARS OF AGE OR OLDER, HAVE READ AND UNDERSTAND THE TERMS OF THIS AGREEMENT, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING THIS AGREEMENT, HAVE SIGNED IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature: _____

Date: _____



PO Box 27571
Fresno CA 93729-7571

Bicycle Shop Directory Support Your Local Bike Shop

A Different Bent
755 N Peach Ave Ste H8
Clovis, CA, 93611
(559) 492-7896
www.adifferentbent.com

Fulton Cycle Works
1428 Fulton St.
Fresno, CA 93721
(559) 917-3678
www.fultoncycleworks.com

Steven's Bicycles
4045 W Figarden #105
Fresno, CA 93722
(559) 229-8163

1365 N. Willow Ave.
Clovis, CA 93619
Brent & Tina Kutzback
www.stevensbicycles.com

Clovis Bicycle Company
1398 Shaw Ave, Ste 103
Clovis, CA 93612
559-325-2453
clovisbikeco@yahoo.com
www.clovisbicycle.com

Herb Bauer Cycling
6264 N. Blackstone Ave.
Fresno, CA 93710
559-435-8600
www.herbbauersportinggoods.com

Sunnyside Bicycles
6105 E. Kings Canyon
Fresno, CA 93727
(559) 255-7433

1760 11th St.
Reedley, Ca 93654
(559) 726-2153
www.sunnysidebicycles.com

Cycle Path
1165 E. Champlain Dr.
Fresno, CA 93720
(559) 434-8356
www.cyclepathbicycles.net

REI
7810 N. Blackstone Ave.
Fresno, CA 93720
(559) 261-4168
www.rei.com

Tower Velo
1435 N. Van Ness Ave.
Fresno, CA 93728
(559) 268-2863
Michael Eacock
www.towervelo.com

Visalia Cyclery
1829 West Caldwell Ave.
Visalia, CA 93277
(559)732-2453
www.visaliacyclery.com

Fresno Schwinn
2444 E Ashlan Ave
Fresno, CA 93726-3100
(559) 226-2453
www.fresnoschwinn.com

Rubber Soul Bicycles
132 W. Nees
Fresno, CA 93711
(559) 435-BIKE
www.rubbersoulbicycles.com

Tri-Sport Unlimited
9433 N Fort Washington # 101
Fresno, CA 93730
(559) 433-3000
www.tri-sport.com

Special Supporter
Blossom Trail Cafe
Belmont and Academy Ave
Sanger, CA 93657
(559) 875-2500

Some shops offer discounts to club members. Please identify yourself as an FCC member and check with each shop about their policy before purchasing.