



ROUGH DRAFT

December 2011 Fresno Cycling Club Volume XXXI, Issue 12

General Club Meeting:
 University of California, Fresno
 Center
 550 East Shaw Avenue
 (Across from
 Fashion Fair Mall)
 Calaveras Room

**No General Club Meeting
 this Month**

Board Meeting
 December 7th

We're on the web!
www.fresnocycling.com

Mr. Q's Corner



Mr. Q's Corner

It is now December; time for gathering with friends and family to share with one another the holiday spirit and to give thanks for all the wonderful experiences of the past year. This month's Mr. Q's corner will be one of sadness for me, as it will be my last entry in the newsletter after three and a half years as president and three years as vice president of the Fresno Cycling Club. It has been a great experience working with an organization that promotes cycling, an activity that I enjoy so very much. Come January, the club will be under new management, so to speak. I am stepping down as president to become just another club member and rider. I will have many fond memories of being spokesman and a promoter of FCC, while trying to make the club a better cycling organization.

My goal was always to promote cycling and to include as many different elements of cycling as possible. From the entry level "A" rider, who doesn't know what the gearshifts are for; to the all out, gut wrenching, no holds bared "D" plus rider. It was always my goal to make room and to include all genre of cycling in the club, from the two-wheeled uprights, to the laid out rocket recliners. Whether a tandem or a three-wheeled trike recumbent, we all have one thing in common and that is an avid interest in cycling.

(continued on page 2)

**Annual FCC
 New Year' Day Ride**

Starting at 9:30 AM on
 January 1st
 (the first day of 2012!)
 In the parking lot
 of
 Steven's Bicycles
 On the northeast corner of
 Nees and Willow

Ride out to Lost Lake and enjoy FCC supplied goodies, such as coffee, hot chocolate, hot apple cider, and tasty treats like coffee cake, cookies, danishes, oatmeal and more.

This ride is for every one of all abilities. This is one of the most enjoyable annual rides FCC sponsors. What a great way to start the new year - - on your bike! Come out; enjoy the ride, spend some time with your fellow cyclists, and enjoy some good food!

**FCC Christmas/Holiday
 Party**

The Annual Christmas/Holiday Dinner will be held Sunday December 11th at the Clovis Veterans Memorial Building at the NE Corner of 5th and Hughes from 5 to 9 PM

Join your cycling friends for a little holiday cheer!

Potluck Dinner:
 A to H – Bring Salad
 I to R – Bring Dessert
 S to Z – Bring Main Dish

RSVP by December 8th to
secretary@fresnocycling.com
 Limited to 120 people

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president@fresnocycling.com

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Dennis Ball

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Richard Hoff (559) 875-3736

rphoffjr@hotmail.com

Climb to Kaiser

John Craft (559) 355-0534

Kaiser@fresnocycling.com



New November Club Members

John & Serena Askew - Fresno

Bob & Laura Leoni - Fresno

Joanna Vitale - Fresno

Sean & Alma McKenry - Fresno

Steve & Loren Meunier - Clovis

Keith Putirka - Clovis

Want Ads

For sale: Red Trek Madone 5.2 SL with Ultegra build and lots of goodies. \$1599 OBO Please contact Sunny at 559-930-6300 for full details.

Fueling/Training Seminar

Please join us for a morning of fun and education. Discussion topics will include: 1) What to do the day before your first event, 2) Training: Basics and Mistakes, 3) Pre/On-the-Bike/Post-Ride nutrition.

Each of the seminars is offered on a Sunday, November 6 & 20, 9:00 am - 11:00 am at Rubber Soul Bicycles. These are free, i.e. no cost. Space is limited and pre-registration is required. To sign up for one of these dates, please contact Steve Grusis at sgrusis@comcast.net or 360-1775.



Support our club, buy Fresno Cycling paraphernalia

The club continues to offer the ever-popular red and yellow jersey. This jersey would make a great addition to your selection of riding apparel. Blue/yellow and red/yellow jerseys are available in both men and women specific sizes. There are also blue/yellow and red/yellow wind vests with back pockets. Cost of jerseys are \$60.00; the wind vests are \$55.00.

To order contact Kathy Tanaka at secretary@fresnocycling.com or 559-999-4579



Mr Qs Corner (continued from page 1)

To most of us, cycling is not just a hobby, but also a way of life that sometimes encompasses every aspect of our lives from daily routine, to vacation planning. I will continue to be involved in Club activities as a member and I thank all those volunteers who stepped up to help with club activities during my term as president.

On one of the double centuries I rode this year, I had the opportunity to ride along side a gentleman who seem to be about my age or younger. After 120 miles, we were still moving along at 20 mph on the flats. We traded conversation as we rode together on a slow up hill section and he mentioned the fact that he celebrated his 75th birthday the week before. He looked at me with a slight smile on his face and said, "You know, I have discovered the fountain of youth; it is cycling." I agreed.

See you on the road
Ron Quitoriano, FCC President

Good Things Are Happening at the New and Improved Momentum Cycling



Momentum Cycling has been overhauled! As with a bike upgrade, it was time to pull the place apart and rebuild it. It was running, but new paint, new layout, new fixtures, new faces, and it's a new bike shop! Or is it a bike studio, bike lounge, bike clubhouse...? It's all of the above. Yes, we sell and service bikes, but our approach is to assist each rider with finding the frame, components, wheels, saddle, and accessories best suited their specific needs. That means everything we do is custom tailored to the rider. We get to know each rider by sitting down and chatting about their history and their goals as a cyclist to determine the best options when selecting a bicycle, a new set of wheels, a more comfortable saddle, or anything which can improve their cycling experience.

Fit is key. Not just the parts that fit together to create a fine running bicycle, but the way all those parts fit the rider. No rider should accommodate a poor fitting bike. We offer laser-accurate bike fitting based on data taken directly from the rider's body. The bike must always fit the rider. That said, we would be lying if we said it absolutely wasn't at some point "...about the bike." Bikes are sexy machines. We love them. We crave them. Momentum Cycling currently offers Parlee, Time, Stevens, Pegoretti, Moots, Ritchey, and Torelli, with more on the way.

So who is 'we' at Momentum Cycling? Matt Dearing, Darren Johnson, and Edward Lund have partnered as an LLC to pedal Momentum Cycling forward. And we've got Brandon Howard to keep us in line (because, apparently, we're all ridiculous!).



A few words from each of us:

Matt - Everybody here at Momentum Cycling is a geek. I mean a dyed-in-the-wool nerd for bicycles. Ask us about particulars of the pro peloton and you're as likely to get a blank stare as you might get a blow-by-blow of yesterday's stage. Yeah, we like watching cycling events on TV, but we really love riding our bikes in the real world. It's this love the willed Momentum Cycling into existence.



Four years ago I found myself at a cross-road in my life. I had just completed my seventh year as an elementary school teacher, not completely content. I always dreamed about a cycling destination that was focused on the rider with passion. I took that same passion and birthed Momentum Cycling. The problem with passion is that it's often blind to practicality.

I've accepted that I'm such a detail-oriented person that I was unable to see past my own nose. So I began searching for people with characteristics complimentary to mine, and with a shared vision for the future of Momentum Cycling. My searches lead me to invite Darren and Edward to form a partnership with me, and we brought Brandon on board as primary mechanic. Each brings a unique skill set that, while from me is forced, from them is second nature.

Darren - I started cycling at age 35 to get into shape and save gas as a bicycle commuter. Once planted, the cycling seed sprouted, and grew fast. I became a member of FCC, bought a proper road bike, and after a few years began racing crits and TT's. I also do a bit of mountain biking, and this the year I'll add cyclocross.

I completed training with Tom Coleman at Wobble Naught in Boise, Idaho last summer to provide the laser accurate bike fitting enjoyed by top level pros in Road, TT, Tri, and MTB. I bring 15 years of mechanical experience from the aviation industry, as well as retail sales and management experience. I look forward to expanding my knowledge of the bike industry, and continually honing my skills at Momentum Cycling.



Edward - I love bicycles! I began cycling as a tot, and never gave it up. Raced the embryonic years of BMX, and then started working at Stevens Bicycles in '75 where I was introduced to road bikes. I joined FCC in '76 at 15 and began chasing all the big boys up the hills. I did some racing, but got distracted with rock climbing, XC skiing, kayaking... and spent 20 years in the outdoor industry in management positions with Mountain Equipment Co-op (Canada), REI (Berkeley/Seattle), and Eastern Mountain Sports (NY), before returning to Fresno in 2001, and spending a couple years with Rich at CycloPath. With a renewed focus on cycling, I returned to racing in '07 with cyclocross, road, and mountain, and I'm currently a Cat 3 rider with Momentum Racing (separate entity sponsored by Momentum Cycling). I'm extremely proud to be associated with these great guys.

Brandon – I started cycling in 1999 at age 9, did my first bike race at 11, and the Climb to Kaiser when I was 13-years-old. I've had the opportunity to work in various bicycle shops around the Valley. Now, at 21, I've tuned bikes for many of you reading this letter. I found a home here at Momentum Cycling where I get to work with passionate bike riders, something I find very rewarding. I looking to forward to expanding my offerings in the near future with USA Cycling race support next season.

If you haven't yet, take a moment and stop in to say hello. It's a great place to eat your lunch while we tune your bike for the next big event.

Find us at m-cycling.com
Like us on Facebook

or drop by:

Momentum Cycling
7591 N Ingram, Suite 106 (between Alluvial and Nees)
559.449.0223
Hours: Tuesday-Friday 11-6 / Saturday 11-4



Momentum Cycling: Matt Dearing (left), Edward Lund (center), and Darren Johnson (right)

The 2011 Bass Lake Powerhouse Double Century

The 2011 edition of the Bass Lake Powerhouse Double Century (BLPHDC) took place on October 8th. This year, we had 127 riders sign up for the event, which is a 200-mile ride that takes the riders from Clovis south to Orange Cove, then all the way north around Bass Lake and back to the start. Over 10,000 feet of climbing is involved. But the riders could not have asked for a better day to spend the whole day on their bikes.

Some statistics for the day: 112 finishers; 9 DNF (did not finish), 6 DNS (did not start); the fastest time was 10 hours and 47 minutes and the slowest time was 20 hours and 50 minutes.

The following are a few pictures of the happenings that day.



The two biggest reasons for the success of the BLPHDC: Diana Herrington (lf) who prepared the fantastic after-ride meal, and Richard Hoff (rt) the coordinator of the BLPHDC





High Wheeling It!

By Kelley Morrow

Here's a picture of me and my new Mini-High Wheel Bike. It's not fast, with a top speed of about 10 mph, but it is a lot of fun to ride. While looking for information on the history of the Penny Farthing, I came across a company in Alameda called *Rideable Bicycle Replicas* that makes old classic bikes, including the Mini-High Wheel. You can find out more about them at www.highwheel.com.

I did find some great books on bicycling in the 1890's. One I just finished reading is called *The Lost Cyclist: The Epic Tale of an American Adventurer and His Mysterious Disappearance*, by David V. Herlihy. Another cycling history book I am currently reading is *The Bicycle and the Bush: Man and Machine in Rural Australia*, by Jim Fitzpatrick. Both these books have a great historical perspective of bicycles in the early years. Check them out, I think you find them good reading!

It's Been Fun

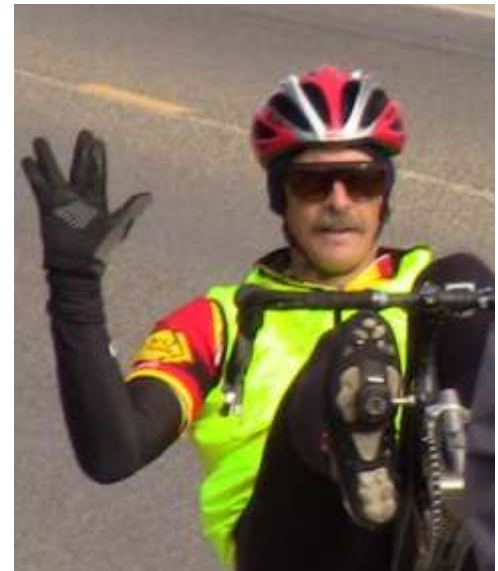
By Greg Issinghoff

This issue, my 36th, marks the end of my duties as the Rough Draft Newsletter Editor. Starting with the January 2012 issue, Mark Berry will become the new newsletter editor. I have no doubt Mark will do a great job. He's a very enthusiastic rider, knows his way around a computer (a whole lot more than I do!), and can write "real good." I look forward to some good things happening to the newsletter with Mark at the keyboard!

It's been a good three years doing the newsletter and working with our outgoing President, Ron Quitriano. About four years ago, I met Ron, which was just about the time he was "promoted" from Vice-President to President of FCC. He was very good about inviting me, as a new rider, to ride with him and the rest of his cohorts, the ROGs (Retired Old Guys) as they called themselves (I am not retired, so I guess I would be considered an ROG in Training?). Before I knew it, I was riding a lot with Ron, but hanging around Ron comes with a price, as I soon found out. All of the sudden he was asking me to help him out on all sorts of club things like being a ride leader, serving on the Board of Directors, volunteering at all our club-sponsored events, and bringing back the FCC Belmont Time Trials. I think he knew I was the kind of guy that couldn't say no, and ultimately he asked me to take over as the newsletter editor. That was three years ago, and I can honestly say it's been a pleasure putting together the newsletter each month and also working with Ron through it all. Like Ron, as he mentioned in this month's Mr. Q's Corner, I also plan to still be around and be active in the club, but I'll be doing so as just a plain ol' club member.

Thanks to everyone that helped me out while I was Editor and to all those club members who submitted articles and pictures to me over the years. I always appreciated that because that made my job that much easier!

Keep pedaling!



December 2011 Ride Calendar

Date	Time	Rating	Ride Leader	Phone	Description
Wednesdays and Saturdays	Call for start times	D ride. Training	Eric Zentner	859-4131	Join Eric for a ride up in the Sierras to enjoy the mountains. Our rides always include a hearty lunch stop. Call for details.
Mondays and Wednesdays	9:00 a.m.	C ride	John Fries Tom Braner Bob Lindsey	313-1540 284-2777 250-9090	The Mountain Men meet at the Park and Ride lot at Frwy 168 and Temperance (next to the fire station) for C paced rides of 60 to 80 miles. The routes are loops into the foothills with occasional regrouping and at least one stop for refreshments. Mountain women are welcome too. Call for further details.
Wednesdays	10:45 a.m.	C/4/62	Michael Quiroz	spriteboy2@aol.com	December Weekly Rides: Meet at GB3 in Clovis (Herndon and Fowler). Ride to Sheri's Roadhouse, Prather and Humphreys Station and back.
Friday 12/2	9:00 a.m.	C/4/62	Michael Quiroz	spriteboy2@aol.com	Sheri's Roadhouse , Prather and Humphreys Station. Meet at GB3 in Clovis, Herndon and Fowler.
Saturday 12/3	9:00 a.m.	B/2/35 Social	Nancy Dooley Ken Herrington	875-6399 299-2275	The Blossom Trail Cafe Ride: Meet Nancy and Ken at Shaw and Academy and ride out Belmont to Piedra for snacks at Doyal's Store. Continue across the bridge and up the Tivy Valley hill, past the horse farm and then back around to Belmont for a straight shot to the Blossom Trail Cafe for breakfast. Finish the ride up the Academy bike lane. Please leave parking open for the businesses.
Saturday 12/3	9:00 a.m.	C/4/60	Karen McGregor	322-6552	Kirch Flat training ride: Start at Shaw and Academy to Pineflat, continue to first bridge. Return via Maxon Rd and backside of Wildcat. Regroups at Doyle's, first bridge, fire station on Maxon, and top of Wildcat. Rain/snow cancels ride.
Sunday 12/4	9:00 a.m.	AB/1/29 Social	Nancy Dooley	875-6399	Sanger Starbuck's Ride: Join Nancy at Clovis East High School (the Southeast parking lot on Leonard near Ashlan). This monthly ride heads out east to Sanger over mostly backroads. Stop for your favorite treat at the local Starbuck's in Sanger. Continue on into the river bottom and then loop back around through Centerville to Ashlan and cycle back to the start. Good beginner ride!
Tuesday 12/6	9:00 a.m.	B/3/35 Social	Ken Herrington	299-2275	Tuesday Ride Around the Circuit: Join Ken at Armstrong and Herndon for a ride around the Circuit. Stop for lunch at the Meat Market on Shepherd and Fowler at the end of the ride.
Saturday 12/10	9:00 a.m.	B/1/25 Social	Don Green	307-4284	Cattleland Ride: Meet Don at Armstrong and Herndon and cycle out east of town down Herndon. Cross Academy and loop around peaceful cattle country at the base of the foothills. Easy going pace with pretty scenery! Optional lunch at the "new place" in the shopping center where we begin.
Saturday 12/10	9:00 a.m.	C/1/40	Nick Paladino	432-8830	Reedley Breakfast Ride: Join from Shaw and Academy at the Johnny Kwik (please park behind the store). We will ride to Reedley, have breakfast, and ride back. Hope to see you there.
Saturday 12/10	9:00 a.m.	C/3/62 Training	Ron Quitariano	299-0175	Yokohl Valley: Ride from Exeter to Springville and Back. Park at the water tower in Exeter. Call for more info. Rain cancels.
Sunday 12/11	9:00 a.m.	AB/2/25 Social	Al Graves	277-0279	Out to Friant and Back: Join Al at the Palm and Nees Shopping Center at the Le Parisienne restaurant. Cycle out through Woodward Park and down to Friant for the turnaround. On this trip, there is an option to cycle across the bridge and climb the steep hill! Those who remain at the Shell Station will give a big cheer! Return to the start and enjoy a wonderful lunch at Le Parisienne. Great food there folks!
Sunday 12/11	8:00 a.m.	C/4/50	Michael Quiroz	spriteboy2@aol.com	Sheri's Roadhouse/Prather and back. Meet at the Clovis Memorial Building. After the ride for those who would like to help set up for the Christmas Party, there will be free coffee and pastry.

December 2011 Ride Calendar

Wednesday 12/14	6:30pm	AB/1/2-4	Steve Davis Donna Post	269-3509	Christmas Lights at Quail Lake: All ride levels are invited to join Donna and Steve for a tour of the holiday decorated houses at Quail Lake. After this strenuous ride, we will return to the house for h'ordeuvres, chili, drinks and a good time. We ask that you bring your favorite h'oeuvre to share with the group and we will provide the chili and drinks. For safety, you need to have lights on your bike. Please RSVP by 12/12/2011 by phone or steve@wecreatem.com .
Thursday 12/15	9:00 a.m.	B/1/43 Social	Ken Herrington	299-2275	East of Clovis: Meet Ken at Armstrong and Herndon for his midweek morning ride out East of Clovis. Usually the ride heads to Reed Avenue and Highway 180 for the turnaround. Food stop at the mini-mart at Shaw and Academy on the return trip. Leisurely pace.
Friday 12/16	9:00 a.m.	C/4/62	Michael Quiroz	spriteboy2@aol.com	Sheri's Roadhouse, Prather and Humphreys Station. Meet at GB3 in Clovis (Herndon and Fowler).
Saturday 12/17	10:30 a.m.	Social	Kelly Morrow	287-7096	SLO Vineyards to the Sea: Here is Kelly's traditional December ride from the Amtrak station in San Luis Obispo (on Santa Rosa Creek Road at the city parking lot). Meander through the rolling vineyards toward Arroyo Grande and stop at Doc Burnstein's Ice Cream Lab for some delicious ice cream. Continue on to the Monarch Butterfly Preserve near Pismo Beach. Then, stop at the wharf in Pismo before heading back through Price Canyon. Before heading home, enjoy a late lunch at a historic old home/restaurant across from the train station. Ride begins late in the morning to allow for travel time from Fresno. Please RSVP to Kelly so we'll know you are coming.
Saturday 12/17	9:00 a.m.	C/4/60	Karen McGregor	322-6552	Second Kirch Flat training ride: Out and back. Start at Shaw and Academy. Ride to Pineflat, climb to the Kirch Flat Century turn-around. Regroups at Doyle's, first bridge and the summit, and Doyle's on return. Consider bringing extra water. Rain/snow cancels ride.
Sunday 12/18	9:00 a.m.	AB/1/18 Social	Ken Herrington	299-2275	The Red Caboose Ride: Join Ken at Armstrong and Herndon for a spin out east of town to the Red Caboose at Shaw and Academy for breakfast. Easy paced ride perfect for beginners.
Sunday 12/18	9:00 a.m.	C/4/56	Michael Quiroz	spriteboy2@aol.com	Sheri's Roadhouse/Prather and Humphrey's Station and back. Meet at Steven's Bike Shop (Willow/Nees).
Tuesday 12/20	9:00 a.m.	B/3/35 Social	Ken Herrington	299-2275	Tuesday Morning Mystery Ride: Meet Ken at Armstrong and Herndon and find out the route for today. Could be the Circuit or could be another agreed upon destination. Group decides.
Saturday 12/24	9:00 a.m.	B/3/35 Social	Nancy Dooley Ken Herrington	875-6399 299-2275	The Circuit: Meet Nancy and Ken at Armstrong and Herndon for this Christmas Eve morning ride around the Circuit. Ride up to Millerton Store, cross to the Dam Dinner in Friant for breakfast. Continue up the bike lane on Friant and back to the start via the Clovis Bike Trails.
Thursday 12/29	9:00 a.m.	B/1/43 Social	Ken Herrington	299-2275	East of Clovis Morning Ride: Once again, meet Ken at Armstrong and Herndon for a spin out East of town. Route to be decided by the group.
Saturday 12/31	9:00 a.m.	C Social Mtn bike ride	Ron Quitoriano	299-0175	Hensley Lake Mtn bike park: It is time to take a break from the last 10 months of road riding and pull down that Mtn bike out of the rafters, dust it off and go play in the dirt. Meet at Starbucks (Sommerville & Perrin) at 7:45 to car pool. Rain or shine
Sunday 1/1	9:30 a.m.	ABCD/1/ 20 Social	Dennis Ball		New Year's Day Ride: Come on out for the first ride of the new year and meet Dennis Ball our New President for 2012. We will meet at Steven's Bicycles (Willow & Ness) and ride to Lost lake. Holiday snacks and hot drinks will be served. Return to the start or group together with friends for a longer ride option into the foothills.



**Membership Registration
&
Renewal Application**

The Fresno cycling Club is a group of 500 plus cyclist who enjoy bicycling as a recreation and sport. As a club, we seek to offer cycling events and activities that span a spectrum of cycling interests. Club rides are scheduled year round and range from entry-level to 100-mile expert rides. FCC sponsors several major cycling events each year: the famous Climb to Kaiser, voted by Bicycling Magazine one of the ten toughest rides in the United States, the Bass Lake Powerhouse Double Century, for the long distance enthusiasts and several fully supported members-only rides each year. We protect the rights of cyclist by following local, state, and national affairs as they concern cycling. FCC is in the forefront of bicycle advocacy in and around the Fresno area by promoting safe bike lanes and routes. If you like to ride, FCC has a place for you. Club members receive a monthly e-mailed newsletter listing ride schedules and other information of interest to local cyclist. We hope and encourage you to join FCC. Please fill out the information and mail it to the address listed below. Do not wait another minute! Join now! Fresno Cycling Club, P.O. Box 27571, Fresno, CA 93729

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Is this a new address? _____

Email: _____(Required)

This registration is: New _____ Renewal _____ Individual _____ Family _____ How many participating family members: _____

How do you prefer to receive your newsletter by mail: _____ (At additional Charge) E-Mail: _____

Membership annual fee: Individual \$25.00* Family \$30.00* Hard Copy of Newsletter: \$10.00* Total: _____

Jerseys \$60.00 Red _____ or Blue _____ Wind vests Red _____ or Blue _____ \$55.00 Men's: S M L XL XXL Women's specific sizes: S M L XL

Which club activities could you volunteer to help with?

Climb to Kaiser, end of June _____ Bass Lake Powerhouse Double, 2nd week of Oct.: _____

FCC members only: Kirch Flat Century/Metric early May: _____ Tour de Lakes end of July: _____

Christmas Party: _____ Ride leader: _____

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY.

In consideration of being permitted to participate in any way in Fresno Cycling Club ("Club") sponsored activities ("Activity"), I, for myself, and for my personal representatives, assigns, heirs and next of kin: (1) Acknowledge, agree and represent that Interest and the nature of cycling Activity and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and byways open to the public during the Activity and upon which hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity. (2) FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISK AND DANGER OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "RELEASES" NAMED ABOVE; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either known or unknown to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. (3) HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE AND AGREE TO INDEMNIFY AND HOLD HARMLESS the Club, the League of American Bicyclists, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers and if applicable, owners and lessees of premises on which the Activity takes place (each considered one of the Releases herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW, AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS INVALID, THE BALANCE NOTWITHSTANDING SHALL CONTINUE TO BE IN FULL FORCE AND EFFECT.

Applicant's Signature: _____ Date: _____

Parent or Guardians Signature: _____ Date: _____

*Fees are renewed/paid on an annual basis



P.O. Box 27571
Fresno, CA 93729

Bicycle Shop Directory

Support Your Local Bike Shop

Bike World
601 W. Shaw, Clovis
(559) 299-2286
Doug Reitz

Bike Trax
1760 11th St.
Reedley, CA
(559) 638-2398
www.biketraxusa.com

Cycle Path
1165 E Champlain Dr.
Fresno, CA
(559) 434-8356
www.cyclepathbicycles.net
Roger Guzman

Fresno Schwinn
2444 E Ashlan Ave
Fresno, CA 93726-3100
(559) 226-2453
www.fresnoschwinn.com

Herb Bauer Cycling
6264 N. Blackstone
Fresno, Ca 93710
559-435-8600
www.herbbauersportinggoods.com
Jacob Cisneros, Manager

Momentum Cycling
7591 North Ingram Avenue, 3106
Fresno, CA 93711
(559) 449-0223
momentum-cycling.com

Rubber Soul Bicycles
132 W. Nees
Fresno, CA
(559) 435-BIKE
www.rubbersoulbicycles.com

Steven's Bicycles
3132 N. Palm Ave., Fresno
(559) 229-8163
Willow and Nees
(Riverpark Trails Center)
Brent & Tina Kutzback
www.stevensbicycles.com

Sunnyside Bicycles
6105 E. Kings Canyon
Fresno, CA 93727
(559) 255-7433
www.sunnysidebicycles.com

Tower Velo
1435 N. Van Ness
Fresno, CA 93728
(559) 268-2863
Michael Eacock
between Olive and McKinley across from Tom's Trains

Tri-Sport Unlimited
9433 N Fort Washington # 101
Fresno, CA
(559) 433-3000
www.tri-sport.com

Visalia Cyclery
1829 W. Caldwell Ave.
Visalia, CA (559)732-2453
www.visaliacyclery.com

Special Supporter
Blossom Trail Cafe
Belmont and Academy Ave
Sanger, CA
(559) 875-2500

Some shops offer some type of discount to club members. Please identify yourself as an FCC member and check with each shop before making purchases to find out their policy.