



ROUGH DRAFT

General Club Meeting:
 University of California, Fresno
 Center
 550 East Shaw Avenue
 (Across from
 Fashion Fair Mall)
 Calaveras Room
 May 11th -- 7:00 PM

**Guest Speaker
 To Be Announced**

**Board Meeting
 May 4th**

We're on the web!
www.fresnocycling.com

**California Classic
 Weekend's Fresno
 Century & Metric
 Century
 May 21, 2011**

Earn \$5 for our club when registering for this ride. This ride may be your only chance to ride your bike legally on Freeway 168. For more information, go to www.CaliforniaClassicWeekend.com

**Hungry Buzzard
 Century
 Saturday May 14th**

Sponsored by the Sequoia Visalia Kiwanis and the Southern Sierra Cyclists
 40 mile, metric century, and full century rides.
 For more information, go to www.sscbike.org



Mr. Q's Corner

Mr. Q's Corner

Last January the FCC board of directors voted to begin the process of changing over to an electronic newsletter by the first of April. Along with this change would be a new look for the website and other features to make the site a much more user-friendly experience for club members. The switch over, however, was not entirely without some glitches, which were to be expected.

The new process was to email members who indicated they wanted their newsletter by email. Most of the current members received the April issue by email, while a number of you did not. Please be patient. The problems encountered hopefully will be solved by the May issue. Some of the added feature will be a new forum, a link for ride photos, and maps of the local rides. So please bear with us while the problems are worked out.

The famed Climb to Kaiser is just a couple months away, June 25. John Craft has taken over as the director of the event again this year, after a year on hiatus. The CTK has become one of those storied rides that conjure up all manners of physical hardships and difficulties as you progress up the many climbs during the day. CTK has gained the reputation of being one of the toughest and most physically demanding rides in the west. Yet, cyclist still come back every year to challenge the course with goals of improving their time over their last effort. (continued on page 2)

Kirch Flat Century and Metric Club Ride

The 7th annual FCC Kirch Flat Century and Metric is May 7th. The ride will start at Cottonwood Park on the Southwest corner of Alluvial and Clovis Avenues. This is a member's only event, so you have to be a current member to participate or you can join the morning of the event. The Century will have 5,800 feet of elevation gain in some of the most scenic foothill areas east of Fresno. After leaving Piedra and the Kings River you will pedal your way up along Pine Flat Lake to the turn around point at Cell Phone Hill for a well-deserved lunch and rest. There will be four rest stops for your ride out and back. For those of you that don't want to work as hard and stay more on the flatland, we also have the Metric Century that is also fully supported with rest stops and SAG. At the finish you will be treated to a barbeque after ride meal.

The full century starts at 7:00 am while the metric starts at 8:00 am. Parking is available on the south side of Alluvial west of the park.

RSVP to
secretary@fresnocycling.com by
 Thursday, May 5, 2011

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Climb to Kaiser

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April 2011 New Members

Sam Seward - Fresno
 Scott Poytress - Clovis
 Kathleen Michael - Monterey
 Debbie Lowe - Fresno

Help Wanted!

Looking for an adventure, excitement and a chance to see this beautiful country of ours?

Come join our elite JDRF Tandem RAAM Team.

Team JDRF is looking for a few good men and women to crew for this year's 2011 RAAM Race.

This year's team will consist of eight Tandems, sixteen riders and fourteen crew members.

Our goal is to set a new trans-continental course record for a Tandem Team (a sub-six-day crossing)

For additional information, please contact: Tim Skipper (818) 355-4818 or Roehl Caragao @ (559) 341-9761



Support our club, buy Fresno Cycling paraphernalia

The club continues to offer the ever-popular red and yellow jersey. This jersey would make a great addition to your selection of riding apparel. The standard blue and yellow is also available in both men and women specific sizes. There are also blue/yellow and red/yellow wind vests with back pockets. Cost of jerseys are \$60.00; the wind vests are \$55.00.

To order contact Kathy Tanaka at secretary@fresnocycling.com or 559-999-4579



Mr Qs Corner (continued from Page 1)

The Climb to Kaiser is our big event of the year and requires all the help we can get. Rest stops, of course, are our major concern. The Shaver rest stop and the Millerton Store are two-crew operations with a morning group and an afternoon group. Course set up volunteers are also needed to put out signs before the ride starts, then pick up all the signs after the event. So set aside June 25 as a volunteer day for the Climb to Kaiser. Contact John Craft at Kaiser@fresnocycling.com and be part of a great cycling event.

Ride safe and see you on the road.
 Ron Quitoriano
 FCC President

The First Time Trial of the 2011 Season

By Greg Issinghoff

April 14, 2011 Belmont Time Trial Results

Finish	Name	Min.	Sec	Ave. mph
1	Roger Hogan	22	03	27.21
2	Steve Grusis	24	01	24.98
3	Tony Barbarite	24	14	24.76
4	Ryan Brooks	24	18	24.69
5	Bob Hervatine	24	25	24.57
6	Igor Bulatov	24	49	24.18
7	Lee Jones	24	58	24.03
8	Scott Hollander	25	01	23.98
9	Greg Issinghoff (Recumbent)	25	28	23.56
10	Roehl Caragao	25	32	23.50
11	John McCrackin	25	47	23.27
12	Kyle Mason	25	56	23.14
13	Sean Smith	26	20	22.78
14	Chris Kuboda	26	32	22.61
15	Jim Stites	26	33	22.60
16	Jeanine Spence	26	35	22.57
17	Jody Cummings (Fixed Gear)	26	46	22.42
18	Pat Horn	27	05	22.15
19	Mark Randle	27	49	21.57
20	Bart Vanderwal	27	53	21.52
21	Jamison Norby	29	00	20.69
22	Glen Gira	29	09	20.58
23	Vanessa McCrackin	30	03	19.97
24	Jeff Carter	31	24	19.11
25	Joyce Jones	33	18	18.02
26	Ben Liu (cramps)	36	36	16.39

The first time trial of the season took place in the evening of April 14th. This is the fourth year our club has been offering the time trial series. This season got off to a good start with 26 riders showing up to test their pedaling power against the clock. The course is a mere 10 miles total - - 5 miles out and 5 miles back starting at Belmont and Academy.

Conditions on the course were pretty much like they almost always are in the evenings - - a nice tail wind on the leg out, but a killer headwind to fight on the way back. But at least the temperature was nice, in the low to mid 60s.

It was no surprise, based on previous year's performances, that Roger Hogan was once again the fastest guy on the course. He doesn't seem to have slowed down much since last year, averaging over 27 mph. Way to go Roger! Our fastest female on the course was Jeanine Spence, one of our club's premier long-distance riders. She averaged over 22.5 mph. For her efforts, Jeanine got a gift certificate to the Blossom Trail Café, which was provided by our club's other premier long distance rider (and Jeanine's riding partner), Lori Cherry. Thank you, Lori, for once again supporting the Belmont Time Trial.

Also receiving special recognition at the first time trial of the year were Pat Horn and Jeff Carter. They were each given a very nice Campagnolo polo shirt for their continued support of the time trial series over the past three seasons. These two guys are not the fastest on the course nor are they the slowest, but they show up time and time again, year after year. For their sustained effort and support, the recognition was well-deserved. Thanks Pat and Jeff!

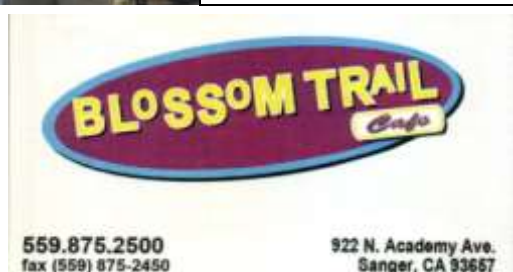
The next time trial will be held on Thursday May 12th. See the ride calendar for additional details. Hope to see you then!



Congratulations to Sean Smith, the winner of the raffle drawing provided by the Blossom Trail Café. Pictured with Sean is Peppino Caracciolo, owner and head chef of the Blossom Trail Café. Many thanks to Peppino for once again supporting the Belmont Time Trial. Please reciprocate his support by visiting his restaurant. He makes some very tasty Italian dishes!



A huge thank you to Sunnyside Bicycles, this month's sponsor of the Belmont Time Trial. Sunnyside Bicycles supplied the tubes that each participating time trial rider received. Stop in and say hi to John and Vanessa McCrackin, owners of the recently opened Sunnyside Bicycles, at southeast corner of Kings Canyon and Fowler. The Fresno Cycling Club appreciates their support! Show your support by taking care of your cycling needs at their shop.





Thanks
 Not enough thanks can be given to those that help with the time trial. Once again Don Bier risked injury to his thumb running the stopwatch; Richard Hoff recorded times; Ron Quitoriano picked up the turnaround cone, and Anne Quitoriano and Doug Wachtell helped with sign-in and at the finish line. Thank you all!

Pat Horn (left) and Jeff Carter receiving their Campagnolo polo shirts for their continued support of, and participation in, the Belmont Time Trials.

Lee Jones coming across the finish line



Participants of the April 14th, 2011 Belmont Time Trial

DUNLAP RED BUD RIDE

By Nancy Dooley

On Saturday, April 2nd, Nancy Dooley led four FCC members (Michael Monge, Harvey Williams, and Marshall and Kathy Taylor) on our annual spring ride from Dunlap School to the rustic Pinehurst Lodge for lunch. The mountainside along Dunlap Road was ablaze with color from the many California Red Buds as we climbed our way to Miramonte. The second stage of the climb took us past towering oak trees and pines. As we pulled up to Pinehurst Lodge, we had climbed 11 miles and gained 2,000 feet.

After enjoying a relaxing lunch among the antiques of an earlier time (the lodge is over 100 years old), we hit the road again, but this time it was downhill all the way back! Thanks goes to Ken Herrington who drove the SAG vehicle as he was nursing a sore shoulder.



Padyakan sa Fresno - - Pedaling in Fresno

By Fort Gascon, FACT President

The 3rd Annual Padyakan sa Fresno (Pedaling in Fresno) kicked off April 2, 2011. This yearly cycling event hosted by Filipino-American Cycling Team (FACT) under the auspices of Fresno Cycling Club rolled out from Selma Layne Park towards Springville Elementary School at O'Neals under vibrant sunny spring weather.

This event is being held annually in different regions of California to renew and reinvigorate acquaintances and strengthen the bond among Filipino-American cycling enthusiasts throughout the State. Cyclists take this opportunity to exchange pleasantries and meet new friends as well as refresh fond memories of past friendships through a collective passion in road and mountain biking. Members and friends came in from Northern California and the Bay Area. A large number of cyclists, locals and out-of-towners, rode out and meandered through the historic town of Friant toward the undulating hills of O'Neals.

FACT was grateful for the privilege and honor of having Mr. Manuel (Maui) Reynante riding out the full route. A cycling legend in his native Philippines, he was the road cycling champion in the 2nd Asian Road Cycling Championship in Thailand in 1965; 2nd place Tour of the Philippines in 1969; Champion Tour ng Pilipinas (24-stage event / 32 days) in 1977; 3rd place Marlboro Tour (Luzon) in 1979; capping his cycling career as champion in the Tour of the Philippines in 1980. These are just to name a few of his many accomplishments. He is currently residing in Woodland, CA.

I want to thank all the members for their continued support and loyalty to the group. I am appreciative and grateful to all who came for their time and effort and for making this event a success. Tracy riders will host the next event scheduled in mid-August, followed by Sino Kami of Fremont in September. Luzvimin of Stockton will take the lead role in the mid-October affair and finally, Adobo Velo's turn comes during the 1st week of December.



From the top going left to right:

- Start of the ride heading out Friant Road
- Rest stop at the turnaround at Spring Valley School
- The pig waiting for the riders at the end of the ride.
- Fresno Cycling Club members that participated in the ride
- FACT members that participated in the ride.
- Gathering at Selma Layne Park
- Hungry riders descending upon the mass quantities of good food provided after the ride.

2011 Cycle for the Seniors Ride Recap

By Mike Thompson, RHS President

Our third annual benefit ride was held on the 16th of April at our Ranchos/Hills Senior Center in Madera. We were hoping to double our attendance from the last year. This would mean at least 80 riders for this year's event. We were overjoyed to see a new attendance record of 103 riders.

We added a new 100 mile route to our ride and about 14 or so brave souls signed up for it. The bulk of our riders signed up for the metric or 65 mile route with a few riding the 25 and some doing the 10. Riders who signed up ranged in age from 18 to 95. Congratulations to the oldest rider of our event, Mr. Fred Mathes, who rode the 10 mile route this year.

All who registered were given a free prize donated by one of our many event sponsors. Our Grand Prize, a Specialized woman's road bike, donated by Steven's bicycles of Fresno, was won by Barbara Ann Horanic of Madera. Many of our riders purchased an event T-shirt that was redesigned this year by Ember Rose Printing of Clovis. The cost of the shirts was largely offset by a generous donation from Chukchansi Gold Resort and Casino.

Our volunteers at the center cooked up a great after ride meal for our attendees and were rewarded with much praise and smiles by everyone who sampled their offerings. We had four rest stops along the way, manned by our seasoned senior volunteer staff that made sure all our riders were well nourished. Our SAG drivers were kept busy helping here and there and our COP "Citizens on Patrol" Sheriffs people were watching over us as well. Our Cop Sheriffs also helped with traffic control at the crossings at Avenue 12 and Valley Children's Boulevard.

One of our attendee's said it best when he said to me, "You give a lot for the price of registration." Our entry fee this year of \$30 gave you a route, an after-ride meal, and a free prize. You know what? We do give a lot and I think that is why our attendance has been doubling every year. The secret is getting out!

If you rode in our event this year and have any questions, would like to comment or send feedback, feel free. We would like to hear from you. In closing, I would like to say thank you to the Fresno Cycling Club and everyone who came out to support our event this year. Without you, the ride would not be nearly as fun.



Left to Right: Caroline Thomson running the Woodward Park Bike Trail Rest Stop. Mike Thomson (lf), organizer of the Cycle for Seniors ride with Fred Mathis, who, at 95 years of age, was the oldest participating rider (and very good joke teller). Barbara Ann Horanic, winner of the Grand Prize, a Specialized bicycle donated by Stevens Bicycles.

HENSLEY/EASTMAN LAKE RIDE

By Nancy Dooley

Once again, Henry Pretzer and Susan Kawaguchi hosted the Hensley to Eastman Lake Ride through the low hills northeast of Madera. As is usually the case at this time of year, the wind was a factor in making this a challenging ride!

Twelve hardy souls showed up on Saturday, April 9th at the Vista Point overlooking Hensley. (I took one look at the weeds blowing in that wind and decided to take pictures and ride the second half.) The others headed bravely out over the rolling course - a section which includes a series of monster roller coaster hills that get your attention! The final climb up to Eastman Lake has a grade that reaches 12% (I was going 3.5 mph at that point!) and is truly a "grind" as Henry described it in the newsletter. Good thing it's short!

Henry and Susan had a wonderful treat for the riders at a camp site overlooking Eastman Lake: pancakes-hot off the griddle, Starbuck's coffee, bananas, juice, and a huge box of Sees candy! What a feast! Great job Henry and Susan - many thanks!

The ride back over the same course was kinder as the anticipated tough headwind subsided. However, even without the wind, the ride is 40 miles over challenging terrain.

Henry and Susan will be leading another ride next month for the club in this area. This one will begin in Raymond (at the general store - where we can get lunch at the end) and travel the 30 miles around Hensley Lake clockwise. Mark your calendars and come ride in this unique area.

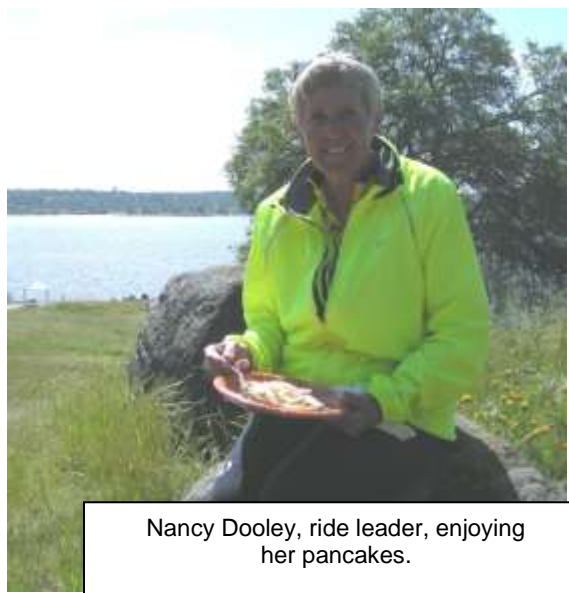


L to R: Mary Pretzer, Susan Kawaguchi, Henry Pretzer, Julia Martinez, John Iles, Nick Paladino, Rick Gibbs, Steve Ko, Glen Gira, Don Robins, and Michael Monge.

Henry Pretzer working the pancake grill



Rick Gibbs and some wide open Madera County countryside



Nancy Dooley, ride leader, enjoying her pancakes.

The Fossil Discovery Center of Madera County

A Bike Ride to the Landfill

By Greg Issinghoff

Mike Thomson decided that we should ride our bikes out to Madera County's Fossil Discovery Center, which is right next to the Fairmead Landfill. The logical question to ask, then, is "Where is the Fairmead Landfill?" Well, it is just west of Highway 99 at the Fairmead exit. Not sure where that is? The Fairmead exit is about a mile south of the Highway 152/Highway 99 interchange. Joining Mike on his adventure was Bill Mix, Don Warner, Rick Benson, Doug Wachtell, Kent Tanaka, and me, Greg Issinghoff. The day we rode out was not the nicest of days, kind of chilly with an evil southeast wind that we had to fight all the way back. We left from Mike's house, which is near Valley Children's Hospital, and with Mike's superior navigation skills, he got us to the Fossil Discovery Center. Quite honestly, I am not sure how he got us there, turning left, then right, then left, then right seemingly about a half a million times all on backcountry roads, but somehow the route went through Madera Ranchos and Madera and then on north to the landfill.

Fossils were discovered when a new cell (disposal pit) at the landfill was being excavated about 10 years ago. Digging operations were stopped so the fossils could be extracted, and before they knew it, they were finding thousands of fossils. The fossils date back about 700,000 years. Geology of the sediments the fossils were found in showed the area to have been a watering hole, which would have been a major attraction to all sorts of animals at that time. Fossils found have included horses, camels, mammoths, sloths, smiledons (sabertooth cats), wolves, and bears. All these fossils are exhibited in the newly built Discovery Center.

Our group was given a personal tour by the curator of the Discovery Center. We watched a short video that explained everything from how the fossils were discovered to how the Discovery Center came into being. Then we toured the various displays, some of which the public can touch. Each of us got to hold a mammoth tooth, which are massive things when you think it's just a tooth, weighing about 15 pounds. We were told that mammoths have six of these teeth in their heads. As a tooth wears out from eating the hundreds of pounds of gritty grass they had to consume every day to stay alive, the new tooth behind it came in and replaced the worn out tooth. They could do this six times, and when the last one wore out, they died. The life span of a mammoth was about 65 years. They were huge animals, standing 14 feet tall to the tops of their heads and weighing 22 tons.

Go check out the Fossil Discovery Center on your bike or by car. They have done a nice job putting the center together. It's pretty amazing to see what use to live here in the San Joaquin Valley.



Clockwise starting above. The group inspecting a mammoth tooth - in FCC jerseys, from left to right, Bill Mix, Kent Tanaka, Don Warner, Rick Benson, Greg Issinghoff, and Doug Wachtell (Mike Thomson was behind the camera). A smiledon (saber tooth cat). A short-faced bear - they weighed 1500 pounds and on their hind legs they stood 14 feet tall (huge animals!). A group shot at the mammoth in front of the Fossil Discovery Center



May 2011 Ride Calendar

Date	Time	Rating	Ride Leader	Phone	Description
Wednesdays and Saturdays	Call for start times	D ride. Training	Eric Zentner	859-4131	Join Eric for a ride up in the Sierras to enjoy the mountains. Our rides always include a hearty lunch stop. Call for details.
Mondays and Wednesdays	8:00 a.m.	C ride	John Fries Tom Braner Bob Lindsey	313-1540 284-2777 250-9090	The Mountain Men meet Monday and Wednesday mornings in the Park and Ride lot next to the fire station at Temperance and FRWY 168. These are "C" paced "show and go" rides of 55 to 80 miles looping into the foothills. Mountain Women are also welcome. Call for further information.
Tuesdays	B & C 5:00 p.m. D 5:30 p.m.	AB/2/30 Training CD/2/30 Training	Nancy Dooley Richard Hoff	875-6399 875-3736	Sanger Chili Rides: Rides start on March 15 th after Daylight Savings Time kicks in. Meet at the Chuck Wagon at Academy and Annadale for a mid-week training ride out through Centerville and up to Doyal's Store in Piedra. The return is over the hill in Tivy Valley and back up Annadale. Plan to enjoy a famous chili dog at the Chuck Wagon on our return.
Thursdays	5:30 p.m.	BCD/3/25 Training	Michael Quiroz	360-1574 875-8900	Millerton Store: Join Michael at Steven's Bike Shop parking lot for a weekly ride up to Millerton store and back. Michael wants to offer this midweek evening ride for those people in Fresno who can't make the Sanger ride on Tuesdays.
Sunday 5/1	8:00 a.m.	B/3/35 Social	Ken Herrington Nancy Dooley	299-2275 875-6399	The Circuit: Meet Ken and Nancy at Armstrong and Herndon for our monthly ride around the Circuit. We climb up to Millerton Store, cross the plateau by Table Mountain, and stop for breakfast at the Dam Dinner. Head back up the bike lane on Friant and connect to the Clovis bike trails back to the start.
Tuesday 5/3	9:00 a.m.	B/3/35 Social	Ken Herrington	299-2275	ROG Ride/Circuit: Meet Ken at Armstrong and Herndon for a spin around the Circuit. Stop at the Meat Market at Fowler and Shepherd on our return. Comfortable pace.
Saturday 5/7	7:00 a.m. for Century 8:00 a.m. for Metric	CD/4/100 BC/2/60 Metric	Ron Quitoriano	299-0175	Kirch Flat Century: Come participate in the 8th annual Fresno Cycling Club's Kirch Flat Century and Metric. This ride is for FCC members only, but to participate you can join the morning of the ride. This event is a fully supported ride with rest stops and sag for both the Century and Metric. The course will be marked and route cue sheets will be available. The after ride BBQ will start at 11:00 for you to relax and talk about the day's events. RSVP with secretary@fresnocycling.com by Thursday May 5. Start at Cottonwood Park, southwest corner of Clovis and Alluvial.
Sunday 5/8	8:00 a.m.	AB/1/30 Social	Pete Nicholas	225-4810	Mothers Day Ride: Meet Pete at Marie Calendars across from River Park so we can ride to Liberty High School in Madera Ranchos and return from a Mother's Day breakfast at Marie Calendars.
Thursday 5/12	9:00 a.m.	B/1/30+ Social	Ken Herrington	299-2275	ROG East of Clovis Ride: Meet Ken at Armstrong and Herndon for a midweek morning outing east of Clovis. Route to be determined for the group.
Thursday 5/12	5:30 p.m.	BCD/1/10	Greg Issinghoff	360-4760	Belmont Time Trial: Time trial season is back! 10 mile time trial starting at Belmont and Academy. Riders get sent out at 1 minute intervals. The route goes 5 miles east out Belmont, then a turnaround back to the start. Arrive early to warm-up and sign-in. Non-members required to sign a waiver and pay a \$5 fee. The Blossom Trail Cafe is open for business in the evenings, so please park only along the side and the back of the restaurant. One lucky rider will a raffle for a free meal at the Blossom Trail Cafe. Please reciprocate their support and plan on eating at the restaurant after the time trial.
Saturday 5/14	9:00 a.m.	BC/4/36 Social	John Iles	892-5931 (cell) and 530-525-5757 (local) Tahoe phone number)	Lake Tahoe Ride: If you are in the area to see the beginning of the California Amgen Tour on Sunday, May 15 th , this is a great club ride for the day before. John will start this ride at the McDonalds in Tahoe City (952 North Lake Blvd.). Ride from Tahoe City to Truckee over Brockway Summit (932 feet of climbing over 3.3 miles (Highway 267). Stop for lunch in Truckee. We will return to Tahoe City along the beautiful Truckee River (Highway 89). The ride is 36 miles with a total ascent of 1800 feet.

May 2011 Ride Calendar

Saturday 5/14	7:00 a.m.	C/5/101	Bill Lutjens	908-2485	Bass Lake : Meet at Buchanan HS 7 am start. Ride to Spring Alley School and up Walker Grade before heading around Bass Lake. Return via Powerhouse & Auberry back to finish.
Tuesday 5/17	9:00 a.m.	B/3/35 Social	Ken Herrington	299-2275	ROG Ride/Circuit: Once again, meet Ken at Armstrong and Herndon for his midweek ride around the Circuit. Stop at the Meat Market for sandwiches on our return. Comfortable pace.
Saturday 5/21	7:00 a.m.				California Classic : This pay to ride event will be a popular draw for all levels of FCC members. For more information go to www.California ClassicWeekend.com .
Saturday 5/21	7:00am	C/5/90	Bill Lutjens	908-2485	Tollhouse: Meet at Buchanan High School at 7 a.m. start. Ride Wildcat & Burro Valley too the town of Tollhouse before attacking the Old Tollhouse Climb and continuing up to Cressman's before heading back down Alder Springs Rd into Auberry & Prather and Millerton Store to finish.
Sunday 5/22	8:00 a.m.	AB/1/29 Social	Nancy Dooley	875-6399	Sanger Starbuck's Ride: Join Nancy at Clovis East High School (the Southeast parking lot on Leonard near Ashlan). Take the back roads out to Sanger for your favorite treat at the local Starbuck's. Continue on into the river bottom and loop around back to Ashlan and head back in. Good beginner's ride at a leisurely pace
Thursday 5/26	9:00 a.m.	B/1/30+ Social	Ken Herrington	299-2275	ROG Mystery Ride: Join Ken at Armstrong and Herndon for a spin out east of Clovis. Length of ride to be determined by the group.
Saturday 5/28	9:00 a.m.	BC/4/35 Social	Henry Pretzer Susan Kawaguchi	706-2958 519-2394	Hensley Lake Loop: Meet Henry and Susan at the Raymond General Store and ride around Hensley Lake clockwise. Lots of ups and downs on this route but the area is really pretty. Lunch at the picturesque Raymond General Store on our return. Call Henry for directions.
Saturday 5/28	7:30 a.m.	BC/4/75 Training	Andrew Miguel	347-8967	Climb the Four Lane: Meet at the Compass at Woodward Park. Head out Auberry Road to Prather, then up to the top of the Four Lanes. Ride down Auberry Road through Alder Springs back to the start.
Saturday 5/28	7:00 a.m.	C/5/95	Bill Lutjens	908-2485	Shaver Lake Century: Meet at Buchanan HS 7 am. Ride up to Prather via Auberry Rd. Continue up Auberry Rd through Auberry then up the long climb on Alder Springs Rd. Continue up Hwy 168 to Shaver. This will be an out & back course.
Sunday 5/29	8:00 a.m.	B/2/35 Social	Nancy Dooley Ken Herrington	875-6399 299-2275	The Blossom Trail Cafe Ride: Meet Nancy and Ken at Shaw and Academy for this monthly ride out Belmont to Doyal's Store in Piedra. Stop for a snack and then continue on across the bridge, through Tivy Valley, by the horse farm, and back up Belmont for a lunch stop at the Blossom Trail Cafe. (They seem to have the slow food service problem solved!) Finish the ride up the Academy bike lane. Please park between the business areas on Shaw east of Academy.
Saturday 6/4	9:00 a.m.	BCD/4/26- 38 Social	John Iles Nancy Dooley Ken Tanaka	892-5931 875-6399 269-9378	Ride to Boydon Cave and Back: Here is one of the most beautiful rides our club offers - Kings Canyon National Park at its finest. This year we are offering a modified version of the original ride from Grant Grove down to Boydon Cave and back where riders can start down the hill at the Hume Lake turnoff (there is a nearby campground where we can park - just up the hill a few hundred yards). This version cuts off that final and steeper 3 miles of the climb out (just 13 miles of ascent). However, if you want the whole ride from Grant Grove, go for it! We will try to arrange for a SAG again this year to support and carry snacks and water. Please RSVP to one of the ride leaders so we can make plans for support. Remember the \$20 park entrance fee or use your pass.



**Membership Registration
&
Renewal Application**

The Fresno cycling Club is a group of 500 plus cyclist who enjoy bicycling as a recreation and sport. As a club, we seek to offer cycling events and activities that span a spectrum of cycling interests. Club rides are scheduled year round and range from entry-level to 100-mile expert rides. FCC sponsors several major cycling events each year: the famous Climb to Kaiser, voted by Bicycling Magazine one of the ten toughest rides in the United States, the Bass Lake Powerhouse Double Century, for the long distance enthusiasts and several fully supported members-only rides each year. We protect the rights of cyclist by following local, state, and national affairs as they concern cycling. FCC is in the forefront of bicycle advocacy in and around the Fresno area by promoting safe bike lanes and routes. If you like to ride, FCC has a place for you. Club members receive a monthly e-mailed newsletter listing ride schedules and other information of interest to local cyclist. We hope and encourage you to join FCC. Please fill out the information and mail it to the address listed below. Do not wait another minute! Join now! Fresno Cycling Club, P.O. Box 27571, Fresno, CA 93729

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Is this a new address? _____

Email: _____ (Required)

This registration is: New _____ Renewal _____ Individual _____ Family _____ How many participating family members: _____

How do you prefer to receive your newsletter by mail: _____ (At additional Charge) E-Mail: _____

Membership annual fee: Individual \$25.00* Family \$30.00* Hard Copy of Newsletter: \$10.00* Total: _____

Jerseys \$60.00 Red _____ or Blue _____ Wind vests Red _____ or Blue _____ \$55.00 Men's: S M L XL XXL Women's specific sizes: S M L XL

Which club activities could you volunteer to help with?

Climb to Kaiser, end of June _____ Bass Lake Powerhouse Double, 2nd week of Oct.: _____

FCC members only: Kirch Flat Century/Metric early May: _____ Tour de Lakes end of July: _____

Christmas Party: _____ Ride leader: _____

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY.

In consideration of being permitted to participate in any way in Fresno Cycling Club ("Club") sponsored activities ("Activity"), I, for myself, and for my personal representatives, assigns, heirs and next of kin: (1) Acknowledge, agree and represent that Interest and the nature of cycling Activity and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and byways open to the public during the Activity and upon which hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity. (2) FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISK AND DANGER OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "RELEASES" NAMED ABOVE; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either known or unknown to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. (3) HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE AND AGREE TO INDEMNIFY AND HOLD HARMLESS the Club, the League of American Bicyclists, their respective administrators, directors, agents and employees, other participants, any sponsors, advertisers and if applicable, owners and lessees of premises on which the Activity takes place (each considered one of the Releases herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW, AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS INVALID, THE BALANCE NOTWITHSTANDING SHALL CONTINUE TO BE IN FULL FORCE AND EFFECT.

Applicant's Signature: _____ Date: _____

Parent or Guardians Signature: _____ Date: _____

*Fees are renewed/paid on an annual basis



P.O. Box 27571
Fresno, CA 93729

Bicycle Shop Directory

Support Your Local Bike Shop

Bike World
601 W. Shaw, Clovis
(559) 299-2286
Doug Reitz

Bike Trax
1760 11th St.
Reedley, CA
(559) 638-2398
www.biketraxusa.com

Cycle Path
7141 N. Cedar
Fresno, CA
(Behind John's Incredible Pizza)
(559) 325-0348
www.cyclepathbicycles.net
Roger Guzman

Fresno Schwinn
2444 E Ashlan Ave
Fresno, CA 93726-3100
(559) 226-2453
www.fresnoschwinn.com

Herb Bauer Cycling
6264 N. Blackstone
Fresno, Ca 93710
559-435-8600
www.herbbauersportinggoods.com
Jacob Cisneros, Manager

Rubber Soul Bicycles
132 W. Nees
Fresno, CA
(559) 435-BIKE
www.rubbersoulbicycles.com

Steven's Bicycles
3132 N. Palm Ave., Fresno
(559) 229-8163
Willow and Nees
(Riverpark Trails Center)
Brent & Tina Kutzback
www.stevensbicycles.com

Sunnyside Bicycles
6105 E. Kings Canyon
Fresno, CA 93727
(559) 255-7433
www.sunnysidebicycles.com

Tower Velo
1435 N. Van Ness
Fresno, CA 93728
(559) 268-2863
Michael Eacock

Tri-Sport Unlimited
9433 N Fort Washington # 101
Fresno, CA
(559) 433-3000
www.tri-sport.com

Visalia Cyclery
1829 W. Caldwell Ave.
Visalia, CA (559)732-2453
www.visaliacyclery.com

between Olive and McKinley across from Tom's Trains

Some shops offer some type of discount to club members. Identify yourself as an FCC member and check with each shop before making purchases to find out their policy.